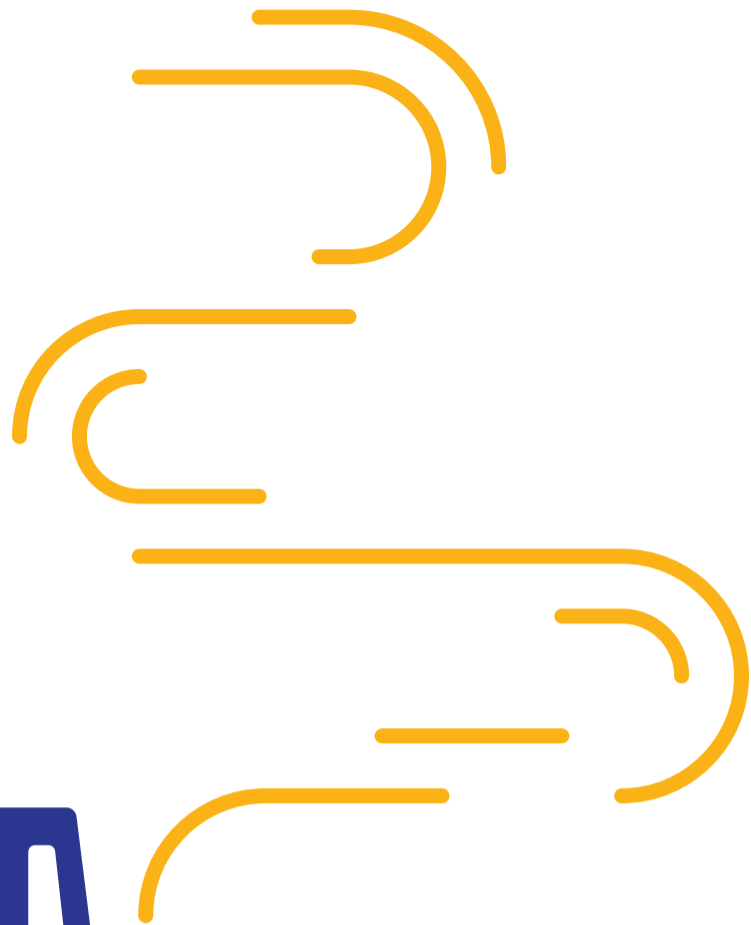


# 10 DANGERS associated with Vaping



The **nicotine** contained in e-cigarettes is **addictive**.



Vaping affects the developing brain in the following ways, **reduced impulse control, memory and mood disorders**.



Leads to **lung disease** caused by the chemical **Diacetyl** also called popcorn lung.



**Irritates mouth and airways**.



Causes **vomiting, headaches and nausea**.

Exposure to **Formaldehyde** is **15 times higher** than smoking cigarettes.



Raises your **blood pressure** and spikes adrenaline which increase risk of **heart attack**.



Increased risk of **cancer** due to **toxic** chemicals of nickel, tin, benzene and lead.



Damages **reproductive health**.



Causes respiratory problems like **asthma**.

