

**"Parent Training Workshop – Practicing perception –
Developing understanding – Enabling decision making." –**

**7.30pm – 9.30pm, Tuesdays 7th, 14th, 21st & 28th March 2017
in the Eurythmy Room at Sophia Mundi School
1 St Heliers St, Abbotsford**

Cost \$15 per session plus \$10 for the manual.

Cheryl Nekvapil and Jennifer West will facilitate these workshops based on the course developed by Kirsten Schreiber* and Christoph Meinecke**, inspired by Rudolf Steiner's work congruent with contemporary studies and research. Each session consists of shared social experiences (mostly games), reflection on the experiences, information on aspects of parenting, stepping forward into parenting our children today and tomorrow. Learning with the aid of 'social technologies' lights up delight and insight – enlivening as well as instructive. What we cover is relevant for all stages of parenting up to adulthood.

Participants will receive a manual translated from the German edition.

This Workshop will be followed by a series of four sessions in May 2017 – Tuesdays 7.30pm – 9.30pm (2nd, 9th, 16th, 23rd) and in August 2017 (1st, 8th, 15th, 22nd).

To register for the course in March:
email: cherylnekvapil@yahoo.com, ph 0458 124 088.

** Social worker and manager, Partner-and family therapist, music therapist at Familienforum Havelhoehe (Berlin).*

*** Medical doctor for children and youth, Psychotherapist, Anthroposophical medicine (GAAED), Founder of the Familienforum Havelhoehe (Berlin), School doctor in Stuttgart and Berlin.*

Jennifer West taught at the Mount Barker Waldorf School in South Australia for many years and served as principal of Sophia Mundi School before retiring and now focusing on supporting parents and teachers. Her passion is to further her understanding of Rudolf Steiner's work and to share with others her knowledge and experience of education and philosophy.

Cheryl Nekvapil provides well being support services at several schools, including Sophia Mundi. She has been a parent and worked for many years in Steiner Schools -- teaching in early childhood, working in school administration and adult education, providing chaplaincy and student welfare support. She is also currently priest of The Christian Community in Melbourne.