



How Families can support their child transition to a new school

To help your child be confident about starting a new school you may like to consider the following:

- Drive, ride or walk past the school
- Practice the morning routine
- Get used to wearing a new uniform and carrying a new school bag
- Explore the school website
- Request a photo of a staff member. This doesn't need to be the class teacher just someone they will see around the school, a familiar face
- Request photos of parts of the school that your child will regularly access
- Make a social story.

On day one

- Say goodbye confidently – saying a quick, confident goodbye may help them to feel secure and reassured that you trust that they will be okay at school.
- Label your child's belongings - labelling everything, including clothing, can help reduce anxiety for children, school staff and yourself.
- Communicate with your child – take time to tell your child what might be happening at school that day, and in the afternoon, ask your child about their day. This is a great way to build confidence, and to find out how they are feeling as they settle in.
- If you have any concerns talk with your child's teacher, who will provide further insight to their day.

Some further take away messages:

- Be positive and reassuring
- Include your child in planning
- Ask questions of the school
- Share information with the school
- Work with your child's current team to identify key priorities to support their transition. For example, communication, self-help, and independence.
- Importantly identify your contact, key go to person at school.

We are committed to working with you. The Modbury School P-6 team of educators want our students to have successful transitions to feel supported, welcome and safe. Be reassured that you can reach out to us at any time with any question you may have.

Warm regards,

The Staff at Modbury School P-6.





12 tips

to help your child be ready for high school

1. Be positive

It will help your child feel better and learn better.

2. Reassure them

Nerves are normal and it helps to talk about it.

3. Get to know the school

Attend orientation and transition programs.

4. Practise getting to and from school

Work out public transport routes and pick-up and drop-off zones.

5. Organise stuff

Get books, stationery, equipment, a school bag and uniform.

6. Understand the school routine

Talk through the timetable and make copies.

7. Create a study space

Set up somewhere quiet away from distractions.

8. Help them make friends

Find out if there's a buddy system your child can join.

9. Build their resilience

Set positive goals to keep things on track.

10. Discuss safety issues

Make plans to manage different situations.

11. Connect with the school

Join school social media channels to stay up to date.

12. Make a fresh start

No matter how hard things have been at primary school, high school can be a fresh start. Let the school know if your child needs extra support.