



Careers Newsletter

27 April 2022

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email jmadani@stpiusx.nsw.edu.au

JobJump - Parents and students please watch YouTube video and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <https://www.youtube.com/watch?v=fZoyckJwVg&feature=youtu.be>

CQUni | Online Chat Session

Thursday 28 April 2022, 3:00 pm - 6:00 pm

Online

Are you starting to think beyond high school? CQU's Online Chat Session is the perfect opportunity for students to chat live and receive real-time answers from CQU staff about courses, eligibility, alternative pathways, and more. Join via Facebook Messenger and get answers to your questions on Thursday, 28 April 2022 from 3 pm to 6 pm (AEST).

Find out more: <https://www.cqu.edu.au/courses/future-students/prospective-students-events>

UNSW | Year 10 Subject Selection and Information Evening

Tuesday 3 May 2022, 6:00 pm - 7:00 pm

Online

Get advice and information that's specially tailored for Year 10 students, that will help you navigate the HSC subject selection process, explain how UNSW admissions and scholarship applications work, and give you an insight into transitioning into university life so that you can get a head start on planning your future.

Parents and teachers of Year 10 students are invited to join the evening as well as participate in the live Q&A session.

Find out more: <https://www.events.unsw.edu.au/event/year-10-subject-selection-and-information-evening-0>

UOW | Year 10 Subject Selection Evening Online

Tuesday 3 May 2022, 6:00 pm

Online

Thinking about studying at university? Find out more about our degrees and choosing subjects that provide a good foundation for each study area.

The information evening is designed to cover the big questions and topics that students and parents need to know.

Find out more: <https://mkto.uow.edu.au/Year10-SubjectSelection-Evening-Rego-2022.html>

TAFE NSW | Launch your Career in Care

Wednesday 4 May 2022, 10:00 am - 11:00 am

Online

Take a deeper dive into the diverse roles across the aged care and disability sectors. The event will explore how you can design a career with purpose to make a real impact in your community, opportunities to work with older people or people with a disability and develop your interpersonal skills to make a difference across these rapidly growing sectors.

Find out more: <https://tafenswevents.eventsair.com/lycic/lyccare/Site/Register>

University of Sydney | Life of a Physicist

Wednesday 4 May 2022, 4:00 pm - 4:30 pm

Online

Have you wondered what a day in the life of a physicist is like? Join award-winning physicist, Associate Professor Boris Kuhlmeier, to find out what an average day of work might be like in physics. Learn about the range of different roles available in this truly universal field, from developing laser-powered light sails for interstellar travel, to experiments with metamaterials which could lead to a real life "invisibility cloak".

Find out more: https://uni-sydney.zoom.us/webinar/register/WN_HCPbDgQq6Lu22zfFNdgA

University of Sydney | Year 10 Information Evening

Thursday 5 May 2022, 6:00 pm - 6:00 pm

Online

Join us online to learn all you need to prepare for your senior years of high school and think ahead for university. Get advice on HSC subject selection, ATAR, scaling, prerequisites and applying to Sydney from our students and expert staff.

Find out more: https://uni-sydney.zoom.us/webinar/register/WN_dKR3h2AXRcatPw2VHvNxlg

University of Sydney | Bachelor of Design (Interaction Design)

Wednesday 11 May 2022, 4:00 pm - 4:30 pm

Online

Find out what's new about the University of Sydney's revamped Bachelor of Design, aimed to help elevate you to the leading edge of interaction design. Learn how you can develop a

deep understanding of how people experience the world and utilise this to design and test new products, services, and experiences in a practical studio setting.

Find out more: https://uni-sydney.zoom.us/webinar/register/WN_r0ebThX5RLW4Jcks25dx-A

AIE | Open Day, Sydney

Saturday 14 May 2022, 10:00 am - 3:00 pm

Academy of Interactive Entertainment, Ultimo

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day on Sat 14 May 2022.

AIE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer – from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.

Find out more: https://aie.edu.au/aie_event/open-day/

UOW | Information Evenings

Penrith: Monday 16 May 2022, 6:00 pm

Southern Sydney: Monday 16 May 2022, 6:00 pm

Wollongong: Tuesday 17 May 2022, 6:00 pm

Sydney: Wednesday 18 May 2022, 7:30 pm - 7:30 pm

You might know what degree you're interested in and the ATAR you need, but there's much more to choosing a university.

You'll need to know where you're going to live, how much it will cost, how will you make friends and more. We know because we asked the exact same questions when we were in year 12!

The information evening is designed to cover the big questions and topics that students and parents need to know about before applying to uni.

Register for Penrith: <https://mkto.uow.edu.au/Penrith-Info-Evening-Rego-2022.html>

Register for Southern Sydney: <https://mkto.uow.edu.au/SouthernSydney-Info-Evening-Rego-2022.html>

Register for Wollongong: <https://mkto.uow.edu.au/Wollongong-Info-Evening-Rego-2022.html>

Register for Sydney: <https://mkto.uow.edu.au/SydneyCBD-Info-Evening-Rego-2022.html>

Basair | Pilot Career Seminar

Monday 16 May 2022, 7:00 pm - 8:30 pm

Basair Aviation College, Bankstown Aerodrome

Learn about career paths, salaries, entry level jobs, qualifications, pilot courses and everything you need to know about becoming a Commercial Pilot in less than a year at Basair.

Find out more: <http://www.basair.com.au/Events/Register/238>

UTS | Year 10 Subject Selection Webinar

Wednesday 18 May 2022, 6:00 pm - 7:00 pm

Online

Considering studying at university after the HSC? But unsure of which subjects will help you get there?

The UTS Business School Year 10 Subject Selection information session will walk you through the HSC subject selection process with tailored information and advice from UTS staff and current students so that you can make an informed decision about which subjects to study for the HSC and how your subject choices can lead to your dream degree at UTS.

On the night you will have the opportunity to ask our staff and current students questions during the audience Q&A and we encourage parents and carers looking for information and advice on how to support their child during the subject selection process to also join the session!

Find out more: https://utsmeet.zoom.us/webinar/register/WN_GUd_ka0bRvy38Ut1oBxHXw

JMC | May 2022 Open Day

Saturday 21 May 2022, 10:00 am - 2:00 pm

JMC Academy, Harris St Campus

At JMC, it's all about exploring your passion, discovering a rewarding career and making a few life-long connections along the way. It's about helping you grow your skills, hone your creativity, and learn as much as you can about your chosen field so that you eventually land that job you've always dreamed of.

Join us on Saturday 21st May for our Open Day and discover how you can build your creative future with JMC.

On the day you'll be able to:

- Tour our world-class facilities
- Explore your creative future in our hands-on workshops
- Meet our current students and industry expert lecturers
- Learn how you can build your creative network
- See creativity come to life with course demonstrations
- Learn about our collaborative industry program & working with students across all courses

Find out more: <https://www.jmcacademy.edu.au/news-and-events/events/may-2022-sydney-campus-open-day/>

Charles Sturt | Agriculture and Environmental Sciences Online Information Night

Tuesday 31 May 2022, 6:00 pm - 7:30 pm

Online

At this exciting event, you'll discover everything you need to know about starting your future in agriculture or environmental sciences. You'll get an overview of our undergraduate courses and on-campus facilities in Wagga Wagga – including the 1,600-hectare farm, herbarium, phytotron plant growth chambers, rhizolysimeter, glasshouses, winery and

vineyard. And our environmental sciences facilities at Albury-Wodonga and Port Macquarie – including 80 hectares of grey water management incorporating water harvesting, run-off management, reed beds and wetlands – where you'll learn hands-on. Find out about career opportunities, support services, scholarships and more.

Get to know our expert academics and have all your questions answered. Hear from current students about their study experiences and be inspired by our guest speaker, who will provide insight into the future of the agricultural industry. Hint: agriculture is more than farming!

Find out more: <https://cvent.csu.edu.au/event/63aaa67b-b9be-4945-a809-76742b848b58/summary>

University of Newcastle | Mid Year Info Session

Wednesday 1 June 2022, 5:00 pm - 6:00 pm

Online

Coming from TAFE, a different career or just wanting to give uni a go?

Join us as our Student Ambassadors share their stories and experiences of studying at the University of Newcastle.

We'll cover what uni is like, how to balance work and study, different support services available, how to get in and more.

This session includes an opportunity for you to get your questions answered.

Find out more: <https://www.newcastle.edu.au/events/future-students/mid-year-info-session4>

UAC Digital | Let's Chat – Teaching

Wednesday 1 June 2022, 6:00 pm

Online

In this session we'll give HSC students and their parents information about applying for a Teaching degree. UAC and an expert panel from various universities will discuss:

- which HSC courses are recommended for Teaching
- different types of teaching you can apply for
- entry requirements
- application statements
- available pathways if you don't meet the selection criteria
- high-demand teaching areas.

And we'll give answers to the most commonly asked questions!

Find out more: <https://uacdigital.easywebinar.live/registration-lets-chat-teaching>

University of Newcastle | Parents and Carers Info Session

Thursday 30 June 2022, 6:00 pm - 7:00 pm

Online

We invite parents and carers of prospective university students to register for our webinar focussed on key admission dates, University 'jargon' explained, alternate pathways into university, fees, scholarships, and student support.

This is a valuable session for parents and carers with students in Year 11 and 12.

You will hear from Student Ambassadors sharing their stories about their transition from high school to university and their entry pathway.

There will also be an opportunity to ask questions.

Find out more: <https://www.newcastle.edu.au/events/future-students/parents-and-carers-info-session>

University of Newcastle | 2022 Open Day

Central Coast: Saturday 30 July 2022, 10:00 am - 2:00 pm

Newcastle: Saturday 27 August 2022, 9:00 am - 3:00 pm

Open Days are an exciting way to start your journey at the University of Newcastle.

So many of our students have shared just how important Open Days are in getting a feel for what they want to study.

It's a great chance to join us on campus, take a tour and have a look around, chat with current students and academics, and find out all you need to know about uni life.

Find out more: <https://www.newcastle.edu.au/open-day>

Notre Dame | Open Day 2022, Sydney

Saturday 27 August 2022, 10:00 am - 3:00 pm

The University of Notre Dame, Broadway

We look forward to welcoming you on Saturday 27 August to chat with our academics, alumni and current students about your study options and university life.

Find out more: <https://events.nd.edu.au/OpenDaySydney>

UTAS | 2022 Open Day, Sydney

Saturday 3 September 2022, 10:00 am - 3:00 pm

University of Tasmania, Rozelle Campus

Open Day is a great way to explore our campuses and get a taste of life at the University of Tasmania. You can hear all about our courses, pathways and scholarships – straight from students and teaching staff.

Take a tour of our campus and facilities, meet some of the academics, talk to current university students, learn about some of our exciting research projects, and see what each of our courses has to offer.

Our events are packed with exciting hands-on activities, great food, live music and plenty of environmentally sustainable merch.

Find out more: <https://www.utas.edu.au/about/events/open-day>

Whitehouse Institute of Design | Foundation Portfolio Workshop, Online

Saturday 30 April 2022, 10:00 am - 12:00 pm

Online

This online workshop is for aspiring designers and recommended as a starting point for those wishing to develop their illustration skills and create a portfolio for application to the Bachelor of Design program. In this 2-hour workshop, you will gain an understanding of how to illustrate with Marker and Paper, experiment with different multi-media materials and learn techniques for presenting your creative ideas.

Find out more: <https://www.eventbrite.com.au/e/foundation-portfolio-workshop-tickets-318535497247?aff=ebdsoporgprofile>

Vote for Women

Tuesday 3 May 2022, 6:30 pm

Roundhouse, Kensington

120 years ago, Australian women were amongst the first in the world to gain both the right to vote and the right to be elected to parliament. But it took roughly 40 years before a woman was elected to Federal parliament, and 60 years for Indigenous women to get the vote. Now, in 2022, women only make up a third of our elected representatives and with just a few weeks until Australians head to the polls, how can we ensure more women get a seat at the table?

Join Greens Senator Mehreen Faruqi, author and former Liberal turned Independent MP Julia Banks, and 2022 Independent candidate Georgia Steele for a vibrant discussion about the future of equal representation in Australian politics, chaired by UNSW Sydney's Rosalind Dixon.

Find out more: <https://www.eventbrite.com.au/e/vote-for-women-registration-306166581487>

UOW | Philosothon

Saturday 14 May 2022, 10:00 am - 4:00 pm

University of Wollongong, Wollongong Campus

The University of Wollongong Philosothon will give students from Years 9 – 11 the opportunity to explore philosophical questions through collaborative discourse.

A Philosothon is a competition in which school students engage with great philosophical questions. Students will gather in small communities of inquiry and critically engage and collaborate with each other, developing ideas and weighing alternate perspectives on philosophical problems. Points will be awarded by a judge based on performance in critical thinking, collaboration and civility.

Each student will be provided with stimulus materials for three separate philosophical problems, and will use these materials to develop four questions related to each problem. These questions will form the basis for group discussion.

Find out more: <https://www.uow.edu.au/study/events/sola-events/>

MedEntry | Online UCAT Workshop

Monday 16 May 2022, 9:00 am - Wednesday 18 May 2022, 5:00 pm

Saturday 28 May 2022, 9:00 am - Monday 30 May 2022, 5:00 pm

Online

Feeling intimidated by the UCAT? You're not alone. Most students are nervous as they approach this huge obstacle in their medical career. But you can sit the UCAT with confidence, knowing you have the right strategies and techniques to overcome every challenge. The key is Dr Ray's UCAT Workshop – the most effective UCAT training course available.

- Exclusive to MedEntry

- Every session personally run by Dr Ray
- Specific strategies for each of the five subtests
- Mini mocks, analysis and discussion
- Q&As with specialists and UCAT experts
- Insider information on medical entry
- Dramatically improves speed, analysis and reasoning
- Online three day workshop plus bonus day

Find out more: <https://www.medentry.edu.au/ucat-workshop>

NSW Public Schools State Drama Camp

Sunday 26 June 2022, 9:00 am - Thursday 30 June 2022, 5:00 pm

Vision Valley, Arcadia

This camp is fully residential and aims to prepare Year 11 drama students for the upcoming HSC through specialised skills workshops and experiences with highly qualified teachers and industry tutors.

Participants extend their skills through a series of intensive workshops with all major aspects of drama delivered by tutors from the performing arts industry. The emphasis at the camp is on active involvement, development of skills and enjoyment.

Workshops during the camp are led by industry specialists and exemplary teachers from NSW public schools. The camp is fully catered with a healthy menu and accommodation is in modern heated carpeted cabins and rooms at Vision Valley.

Applications close Friday 27 May 2022.

Find out more: <https://artsunit.nsw.edu.au/program/nsw-public-schools-state-drama-camp>

ACU | Discover ACU – North Sydney

North Sydney: Tuesday 5 July 2022, 9:30 am - 1:00 pm

Blacktown: Thursday 14 July 2022, 9:30 am - 1:00 pm

Join our free Discover ACU activities. Tailored to your study area of interest, these sessions will give you an insight into life as a uni student.

Register for North Sydney: <https://www.acu.edu.au/about-acu/events/2022/july/discover-acu-north-sydney-campus>

Register for Blacktown: <https://www.acu.edu.au/about-acu/events/2022/july/discover-acu-blacktown-campus>

Northcott Scholarships

Value: Varies

Open/Closing Dates: April 1, 2022 – November 21, 2022

Are you a person with disability and are currently studying at TAFE, University or other Registered Training Organisation (RTO)? Are you thinking about embarking on tertiary studies, but are worried about managing the extra costs and logistics?

Having a disability is not a barrier to reaching your educational goals. Financial assistance from one of our tertiary scholarships and the support network around it might be what you are looking for.

[Find out more](#)

Bert Evans Apprentice Scholarships

Value: \$5,000 AUD per year

Open/Closing Dates: April 18, 2022 – May 27, 2022

Finishing your apprenticeship training can be tough when you've experienced hardship. The Bert Evans Apprentice Scholarships are there to help.

[Find out more](#)

Australian Disability and Indigenous Peoples' Education Fund

Value: Up to \$2,500 AUD

Open/Closing Dates: April 1, 2022 – September 30, 2022

The Australian Disability & Indigenous Peoples' Education Fund (ADIPEF) has been established to assist people with disabilities from both indigenous and non-indigenous backgrounds.

[Find out more](#)

What Matters? Competition

What Matters? is a 'catalyst for young thinkers and young writers to develop a perspective, a point of view, on where we're heading as a society'.

Inspired by Gough Whitlam's commitment to involving young people in the shaping of Australia's future, the competition is currently open to school students in years 5 to 12 from Australia. Responding to the simple question 'what matters?', entrants are free to express their views on any matter they care about.

To enter What Matters? students submit an original written work between 400-600 words in prose or poetry, of either fiction or non-fiction.

Entries are open until Friday 6 May.

Find out more and enter here: <https://www.whitlam.org/what-matters>

Future Leaders Writing Prize 2022

The Future Leaders Writing Prize is designed to recognise and reward talented young writers. It aims to encourage expressive and creative writing.

Year 11 and 12 students in Australian secondary schools are invited to submit a piece of writing (800 to 1,000 words). The writing can be fiction or non-fiction and on any topic.

In 2022, the award winner will receive \$1,000. Where there is more than one winner the prize money will be shared. The winners of the Future Leaders Writing Prize will have their work published.

Entries are open until 1 May 2022.

Find out more: http://www.futureleaders.com.au/awards/Writing_Prize_2022.pdf

2022 School Poetry and Short Story Writing Competition

Entry is open to the 2022 Schools Poetry & Short Story 'National Treasures' Writing Competition. Students all over Australia are invited to enter their poems or short stories, and battle it out for the great cash prizes on offer.

There is no theme. Entrants are encouraged to let their imaginations run wild and write on any topic and in any style. Students from all grades are welcome to enter – from Kindergarten/Preparatory to Grade 12.

Entry is free and closes on 30 April.

Find out more and enter here: <https://www.write4fun.net/competitions/71>

Liam and Frankie Davison Award

Each year RANZCOG invites senior secondary students resident in Australia or New Zealand to apply for the Liam and Frankie Davison Award for outstanding achievement in literary writing on Women's Health.

This \$1000 award provides an exciting opportunity for students, whether they are interested in medicine, science, mental health, sociology, politics or law.

Entrants can write about any issue in women's health that interests them. Previous submissions have included fictional and non-fictional pieces addressing a broad range of issues including anorexia, child marriage, pregnancy in third world countries, assisted reproductive technology and violence against women.

Applications for the Liam and Frankie Davison Award close at 5pm on Friday 29 April 2022.

Find out more and enter here: <https://ranzcof.edu.au/womens-health/foundation/liam-and-frankie-davison-award>

Work Experience at the Australian Museum

Every day at the Australian Museum is different. Our high school work experience program offers students the chance to explore a variety of careers including science and cultural research, education, public programming, curatorial and exhibition design, marketing, communications and corporate services.

All work experience opportunities provide practical learning to consolidate classroom teaching. This will support students' personal development and professional skills as they prepare to enter the workforce and make choices about their careers.

The program is available for students in years 10, 11 and 12. Each placement is limited to 5 days (Monday to Friday) working 10am to 4pm each day.

Applications for the 2022 program are now open and will close Friday 6 May.

[Learn more](#)

Work Experience with Bell Shakespeare

Students in Year 10 and 11 are invited to apply for one week of Work Experience at Bell Shakespeare HQ in Sydney.

Our Work Experience program is designed to give students insight into the entire process of making and producing theatre, not only what's on stage.

Twelve students from across Australia will be selected to join the Company and go behind the scenes to discover how a working theatre company operates. Meet our team and learn about everything from production, casting, design, rehearsals, marketing, box office, fundraising, education and administration.

Students will see live theatre, explore backstage, undertake group projects, listen to panel discussions, interview staff and participate in practical workshops.

Entry is by application. Students with interest in a range of aspects of theatremaking are strongly encouraged to apply.

Students in regional/interstate schools are encouraged to apply, however Bell Shakespeare is unable to cover travel and accommodation costs.

Applications open 2 May and close 1 July 2022.

[Learn more](#)

Working at the election

Along with the election coming up in May, there are a ton of temporary jobs opening up as well. If you have an interest in politics, this could be a great way to get your foot in the door. It's also a great way of adding valuable work experience to your resume.

Many of the roles available require no prior experience. There are lots of different roles available, so there's bound to be something for you. Some jobs include:

- Polling assistance officers, who help people out on the day and making sure voting runs smoothly
- Scrutiny assistants, who help sort and count the ballots
- Remote mobile polling officers, who travel to remote locations and help people vote
- Pre-poll and early voting officers, who help out at pre-polling and early voting centres
- Temporary assistants, who help out with general duties leading up to the election

If you'd like to be considered for temporary election work, you need to [register your interest online](#) with the AEC. They'll contact you if any suitable positions open up.

Find out more about working at the election here:

<https://www.aec.gov.au/employment/working-at-elections/index.htm>

School-Based Apprenticeships

Are you looking to get a head-start on your career? A School-Based Apprenticeship might be the thing for you.

What are they?

A school-based apprenticeship is like any other apprenticeship or traineeship, but it begins while you are still studying at school, usually in years 10, 11 or 12.

You will have the opportunity to work with an employer (and yes, you will be paid!), while participating in vocational training that contributes to a Certificate II, III or higher vocational qualification. You'll also spend some days at school like normal.

Why should I do one?

School-based apprenticeships are a great alternative for students who prefer hands-on learning, while still allowing you to complete your high school certificate. This means that there are still options for you once your apprenticeship is finished, including university or further vocational study. Or you can jump straight into a career.

Am I eligible?

To be eligible to undertake a school-based apprenticeship, you need to be at least of working age in your state or territory, and currently enrolled in school. If you're under 18, you'll also need your parents' or guardians' approval.

If you are interested, you will need to find out whether your school offers school-based apprenticeships. If not, there are other options, such as VET in Schools.

Where can I find out more?

To find out more, check out the information on the Australian Apprenticeship Pathways website [here](#).

MedEntry Free UCAT Bootcamp

Let the leaders in medical entry guide you through UCAT, medical interviews and the admissions process with this free two-hour information session.

The MedEntry UCAT Bootcamp covers:

- Tips from Dr Ray on how to secure your place in medicine
- Step-by-step breakdown of UCAT
- Strategies from students who achieved 99th percentile
- Techniques to maximise your performance on test day
- Medical interviews with example questions

You can watch the recording for free here: <https://www.medentry.edu.au/resources/free-resources>

Indigenous Mentoring Programs

Indigenous Mentoring Programs are designed to help you get the most out of your education – at high school, TAFE or uni – or to open up opportunities through networking and experiences.

Mentors could help you achieve all that and more by working on building your confidence, inspiring and motivating you, supporting you and believing in your abilities.

You can read a bit more about what mentors are, and ways to go about finding one [here](#).

Mentoring Programs that could suit you

[Barayamal](#) offer several [programs](#) but their [Mentoring program](#) is designed to connect First Nations entrepreneurs with experienced mentors. You can also follow the [Barayamal Network](#) on Facebook where indigipreneurs are encouraged to make more informal connections with industry experts.

The [Smith Family](#) offers opportunities for Aboriginal and Torres Strait Islander children living in remote communities exposure to social and work experience you might not otherwise have access to. There are a few programs you could sign up for including [Girls at the Centre](#) and the [Indigenous Youth Leadership Program](#).

[Aurora Education Foundation High School Program](#) providing intensive academic support over a 6-year period and helping you to achieve your full potential. They also run an [Outreach Program](#) which could connect you with a role model who'll inspire you and support you while you reach your goals.

[Pathways to Dreaming Program at WSU](#) offers mentoring from current students and alumni designed to support and encourage Aboriginal and Torres Strait Islander students attending Greater Western Sydney high schools to develop and achieve educational, personal and professional skills and goals.

[AIEF Mentoring Program](#) – you'll need to apply for a scholarship (successfully) to be eligible for this program that'll pair you with an AIEF Mentor at the beginning of Year 10. You'll meet at school monthly and take part in group activities with other mentors and students twice a

year. Mentors support students by listening, providing advice and guidance, and by acting as a sounding board for ideas and problems.

Australia's First Degree Apprenticeship Program

BAE Systems Australia and the employer association Ai Group will launch the nation's first degree apprenticeship program in 2023.

The program will be delivered by Victoria University, and aims to increase skilled participation in major defence projects. The program has already received the endorsement of major employers in the sector.

The program will include on-the-job training combined with academic studies focused on a degree in Systems Engineering.

Details of the course are currently being finalised, and applications will open later in the year for between 20-40 students for 2023.

Read more: <https://www.aumanufacturing.com.au/bae-systems-ai-group-back-degree-apprenticeships>

QUT Future You STEM

QUT Future You is set to teach students the importance of a STEM mindset, helping to guide a new generation of leaders, entrepreneurs, and innovators to build the jobs of Australia's future.

QUT Future You includes the STEM Summit and STEM Internships and is open to high-achieving Year 11 and 12 high-school students. Delivered in the September school holidays, both events will offer students the opportunity to expand their skill sets beyond the classroom and explore future career ambitions with like-minded peers, all before university.

The Future You four-day program also includes a program of:

- inspiring keynotes with high-profile speakers
- interactive Q&A panel sessions featuring local industry leaders, entrepreneurs and researchers
- QUT alumni, academics, and current students speaking about how they use their STEM mindset every day.

Applications for the 2022 Future You Program close on Monday 16 May.

Find out more: <https://www.qut.edu.au/study/career-advisers-and-teachers/stem-for-schools/future-you-stem>

Are you enrolled to vote?

Unless you've been living under a rock, you've probably heard that there's an election coming up really soon. And if you're already 18, that means you'll need to vote.

So how can you prepare yourself for voting? Here's everything you need to know about enrolling to vote, and what to do on the day.

[Read the full blog here.](#)

Time management hack | The Pomodoro Technique

If you're struggling to be productive, finish assignments, meet deadlines, or get your revision going smoothly, the [Pomodoro Technique](#) could make a difference. A time management

hack, it's all about breaking tasks (and time) down into shorter, more manageable chunks and taking regular breaks.

Developed by Francesco Cirillo in the late 1980s, when he used this technique at Uni, it's an effective tool that could help you to get more done.

Do some preparation

This technique isn't magical, so you'll need to be a little bit organised.

Work out what you want to achieve and figure out what time you have available to complete your tasks. You'll also need a timer – old school kitchen timers will do the job, or use what's available on your phone or computer.

If you find you're loving this technique, there are plenty apps based on the [Pomodoro technique](#), some of which you can try or use for free.

Knuckle down

- Choose the task you'll be focusing on
- Set the time for 25 minutes and commit yourself to work on the task without interruption. If something else pops in to your head while your working jot it down so you don't forget, but don't allow yourself to deviate.
- When your buzzer goes, stop working & take a break. Don't be tempted to keep working – walk away from your desk for at least 5 minutes.
- One whole cycle of work and a break counts as a Pomodoro, and it's just 30 minutes in total. Keep track of how many cycles you've completed by making a note on a piece of paper (it'll help you realise how long you need to accomplish tasks in the future)
- Go back to your task and repeat the Pomodoro cycle.
- After 4 or 5 Pomodoros treat yourself to a longer break, 20-30 minutes is recommended.
- Then you'll be ready to start the process again
- Use a few minutes out of your last Pomodoro to go over all the work you've done, and assess your progress. Stop when your task is complete, or when you've run out of time for the day, whichever works best for you.

Wondering what the benefits are?

There can be quite a few benefits to using this technique and the more you use it, the more effective it could be for you.

Committing to just 25 minutes study at a time, might boost your motivation.

You'll start learning to anticipate how long tasks will take you to accomplish them.

Improving your planning and time management skills, are great to add to your CV.

Learn to avoid interruptions, so you can deal with them at a more suitable time (includes text messages, emails and notifications from your mates).

Establishing a great work ethic which could help you out now, but will continue to be useful later in life too.

Taking breaks regularly could prevent you from feeling stressed out and frazzled at the end of the day, which in turn could improve your understanding and retention of what you've been learning.

You might have to try it out for a few days to get used to it and decide whether you find it useful or not, but it's definitely worth a try if you've been struggling to keep up with a hectic life and check items off your to-do list.

Career Design and its importance in finding the right pathway

Finding the right pathway can seem daunting for not only students but career practitioners and parents alike. Here at [Arrive & Thrive](#) we see many individuals and families feel completely overwhelmed by the process and unsure of how to start the journey of actually looking and comparing pathways.

Our number one advice in exploring any possible pathway, be it tertiary or employment, is to follow the career design principles, so let's jump into what defines Career Design.

Career Design is a term that I first heard from Stanford University in the book 'Designing Your Life' by Bill Burnett and Dave Evans. The concept is based on designing a career that aligns with an individual's personality, strengths and interests. Importance is placed on the following ideas to:

- ***Be Curious***
- ***Try Stuff***
- ***Know it's a process***
- ***Reframe***
- ***Ask for help***

Each of these areas can be taught and encouraged by teachers, families and support staff, providing valuable lessons not just in the scope of careers but also in life.

For example, the idea of *Try Stuff*, it's impossible for anyone to understand what they are passionate about without having tried or experienced it. By unpacking these concepts in more detail we can see how they relate to finding the right pathway.

Be Curious

Curiosity is not only an attribute that employers look for but also a vital cornerstone for pathways.

We can only discover what is out there and what areas we could be interested in by being curious about where our strengths and interests lie and what settings these could thrive in. When you are exploring pathways with a student, encourage them to explore possibilities and offshoots of the career or pathway they are interested. Ask them questions like

- What else could be out there?
- Where else would you consider studying?
- Why is this industry important to you?

Through these questions and being curious, they are developing their self-awareness and capacity to understand themselves at a deeper level.

Try Stuff

Encourage the student to try different things, visit different expos, watch different career content and expand their normal routine.

Often we are creatures of habit which makes trying new and unfamiliar things uncomfortable. In many cases students who expose themselves to different jobs, try

multiple work experiences and/or volunteer, begin to understand what they do and don't like.

These realisations are vital in choosing pathways.

I personally took a GAP year and worked at as many as 15 different jobs, helping me to understand the jobs I didn't like and the ones that I could see myself enjoying using my skills in the future. Not to mention these experiences gave me an appreciation of the importance of qualifications.

Know it's a process

These decisions take time and in many cases, students are rushed to make these choices at the end of their schooling, making them feel underprepared and obligated to make a decision either way.

You don't need to look far to find research and studies that suggest the next generation will have multiple career changes. Sharing this with them can provide some relief and also demonstrate that it is a process.

Encourage the student to ask their parents and teachers what they studied compared to what they do now. It's a nice reminder for young people that cementing a career can take time.

Reframe

The next principle is a valuable life lesson and one that many young people may experience earlier than others.

Sometimes in life, plans and results just don't go our way. Our ability to bounce back from these and find a new option is a vital skill not only as a young person but as an adult too.

A classic example of a young person learning a reframe is when their final year results don't allow them to receive an offer on their chosen path. Helping them see potential positives in this experience and or opportunities is vital. This process will help them find new pathways they hadn't considered or courses or employment they hadn't considered which could be a better fit.

Ask for help

The relationships we keep provide incredible references to our understanding and mindset of work and what it means to have a career.

If someone has a positive relationship with their work it is projected to the people around them. If they don't, the same occurs. Encouraging young people to ask for help means they are naturally bringing the decisions of a pathway or employment out of their heads and into a conversation. This strategy helps them conceptualise their chosen pathways and career decisions.

Naturally young people reference the people around them and need positive work role models, whilst also learning about industries through people within their community. Often a young person's reference of an industry is through the relationships they keep or through digital resources and entertainment like social media, streaming services and education outlets.

Young people need to connect with people from industries and gain individualised insights on what an industry is like, what good days look like and what bad days look like.

By using career design principles, young people can set themselves up for making more informed decisions around pathways and employment in a more relaxed and confident manner.

Our thanks to Tyson Day, Career Counsellor and Coach, at Arrive and Thrive for authoring this guest article.

You can find out more about the Workshops, presentations, online learning and Podcasts available from Arrive and Thrive over on their website <https://arrivethrive.com.au>. Develop career management and self-development skills designed to flow on to boost employment outcomes and work engagement after high school.

How much homework should you be doing at high school?

Discussions about the merits of homework and how much or how little you should be doing have been raging for decades, but there is no one definitive answer about what the optimal amount of homework is or should be.

But you're not here to hear how hard it is to work out how much homework and study you *should* be doing, you just want to know how much is enough.

We're going to get to that in just a minute, but there are a few things to cover off first...

1. Excessive studying is unlikely to dramatically increase your academic outcomes.
2. Excessive study can be extremely bad for your physical and mental health.
3. Academic results are just one factor in your success, and excessive study can reduce the time and energy you have for other resume-boosting activities.

Too much study could be detrimental

Nothing is more important than your physical and mental health.

If you are:

- Struggling at school
- [Feeling worried, anxious, or nervous about going to school or managing your workload](#)
- [Depressed](#)
- Often getting sick or not able to shake off colds and illnesses
- Experiencing regular headaches, stomach problems, or unexplained weight loss or gains
- Losing [sleep](#)

Then it's *really* important that you speak to your parents / guardians as well as your teachers at school to let them know what's going on and get some help. All of the above have been linked to [excessive workloads and poor life balance](#) in students across multiple studies.

Working [over the recommended limits](#) of homework could also be reducing your motivation and focus which won't help you kick your academic goals.

You'll also have less time to rest, exercise, play sport or take part in other hobbies, work, and spend time with family and friends which are all important factors in your development and social-emotional wellbeing too.

There's lots of research to back this up

Homework and study is helpful to consolidate what you've been taught in the classroom, in learning to manage your own time successfully and to develop your study skills. But it's not the only thing that counts.

Quality homework and study is far more important than spending mindless hours covering the same work again and again. Educational guru [John Hattie](#) ranks the effects of homework at 88 out of 138 influences on learning.

"Homework that is meaningful and driven by student input is linked to improving attitudes, knowledge and student retention..." (Corno, 2000)

In fact, there's no link between the volume of study and academic outcomes – Korea, Japan, and Finland, for example, are countries who assign the least amounts of homework but are ranked among top countries for reading, maths and writing ([Programme of International Student Achievement \(PISA\) results from 2015](#)).

Regardless of the quality of study, [if it exceeds a certain limit then it will lead to a decline in performance](#).

Moderate amounts of time spent on homework are linked to better results, but a great deal ... of time spent on homework is actually less productive. This means when middle school students spend more than an hour and a half a night there is a correlation with lower scores. (Cooper, et al., 2006)

A 2015 study also found that middle school students assigned more than 90 to 100 minutes of daily homework **began to see a fall** in their maths and science test scores (Fernández-Alonso, Suárez-Álvarez, & Muñiz, [2015](#)).

One more thing to bear in mind

If you decide to go university after high school, the expectation is that you'll be studying for around 40 hours per week, and that includes all of your lectures, seminars, and tutorials (it's the also the equivalent of a full-time working role).

So if you're doing 30 hours of school and thinking that you need to do a further 20 or more hours of study each week, then you'd be doing more than if you were studying at university or working full-time.

Remember that work-life balance **is important at all ages** and is a great skill to master early in life.

So, how much homework should you be doing?

We have looked at a number of scholarly articles and studies and this is what we've found:

Students in Years 7 and 8 should aim to do up to one hour of homework per weekday.

For students in Year 9 and 10 between one and two hours a day is reasonable.

If you're in Years 11 and 12 then studying for [2 hours per day](#) is a good amount of time to aim for.

Bear in mind that these times could vary depending on your workload. For example, if you're taking more subjects than other students in your cohort, or if you're taking part in extra programs, then the amount of study you may have to do could increase.

Around assessment and exam time then you might find you're reaching the upper limits of the recommended homework times too, and that's normal, but it shouldn't be the norm for your entire school year.

The other thing to remember is that you don't need to do all this study in big blocks – you can break it up. Read your notes on the bus or train on the way to school, watch a documentary that relates to your classwork, or start a project that extends what you've been doing at school. You can also count time spent studying with friends, or even talking with peers about your subjects, as long as you're either learning or revising.

Ready to start studying?

Great! To get the most out of your study time we recommend that you:

- Get organised. Make sure you have everything you need including a work space that helps you to focus without distractions if possible. Your school or community library perhaps if home is too busy?
- Work out when your peak study times are – are you an early bird or a night owl?
- Write a Study Plan and, most importantly, **stick to it**.
- Remember to incorporate breaks into your study time.

"After about 15 minutes of learning and practising something – such as the Pythagorean theorem in maths – the regions of the brain activated in spatial-numerical learning get fatigued and need to rebuild the neurotransmitters, such as dopamine, that get depleted. The restoration only takes a few minutes if the break is timely, but if they are pushed to stay with that same process for too long, stress builds, neurotransmitters drop way down and it will take twice as long to restore full efficiency to that area of the brain." – [Judy Willis](#)

If you're looking for more study tips and ideas, we've got lots to share – head over to this page: <https://studyworkgrow.com.au/grow/study-tips/>

ATYP National Studio

Since 2010 ATYP's iconic National Studio has been dedicated exclusively to emerging playwrights and their practice. Each year, 20 emerging writers (aged 18-26) are selected from all over Australia to spend a week in rural NSW.

Over the week, writers will create short pieces for the stage that have a chance at being published by Currency Press in Intersection and performed at the Intersection Festival. This year's ATYP National Studio will be held from Monday 11 – Saturday 16 July at Bundanon, NSW.

Not from NSW? Not a problem! The cost of this program includes flight and transport to and from Bundanon. All meals and accommodation for the week are also included.

Applications close Wednesday 4 May.

Find out more: <https://atyp.com.au/writing/the-national-studio/>

Take a tour of Government House

If you're into politics, and interested in learning all that you can, taking a tour of Government or Parliament houses is a great way to find out more.

Here's what we've found for you:

[Government House, Brisbane, Queensland](#) – they hold 40 minute public tours at scheduled dates through the year – you'll need to get tickets. They have an annual open day in October

each year, and you can even head there for a free week-long Christmas lights display in December.

[Queensland Parliament Tours, Brisbane, Queensland](#) – take advantage of one of the free guided tours, held each weekday and lasting for 30 minutes, no bookings are required.

[Tour Government House in Sydney, NSW](#) – admission is free but you'll need to check the calendar to find out when public tours are available, you'll also need to register your attendance.

[Parliament House, Sydney, NSW](#) – tours are conducted twice a week and they're open for a few special public events throughout the year too.

[Virtual Tour of Government House, Canberra](#) – take a peek inside.

[Guided Tour of Parliament House, Canberra](#) – there's a few different tours you can choose from depending on what interests you most.

[School Tours of Government House, Adelaide, SA](#) for students taking relevant studies schools can arrange tours to be conducted.

[Parliament House, Adelaide, SA](#) – Visitors are welcome whenever parliament is sitting or they may take advantage of free tours which are available on non-sitting weekdays at 10am and 2pm. Question Time is a popular highlight at 2pm on sitting days.

Education Officers and Community Engagement Officers are available, principally to help schools and community groups learn more about each House of parliament and its work.

[Government House, Melbourne, Victoria](#) – host a number of tours and open day on Australia day and on one date in July .

[Parliament House in Melbourne, Victoria](#) – offer a variety of free tours on sitting and non-sitting days, there's also a virtual tour you can take.

[Government House, Perth, WA](#) – Tours of the public rooms of Government House and the Ballroom are offered to schools, community groups, and not-for-profit organisations. They also host an annual open day.

[Parliament House, Perth, WA](#) – three times a week you can take a one-hour tour presented by experienced education guides from the Parliamentary Education Office. Tours are conducted on sitting and non-sitting days.

[Parliament House, Darwin, NT](#) – take a self-guided or free 1 hour guided tour to find out more.

[Government House, Hobart, Tasmania](#) – throughout the year there are tours, events and an annual open day that the public are able to attend.

[Parliament House, Hobart, Tasmania](#) – The sittings of both Houses of the Tasmanian Parliament are open to members of the public and visitors are welcome. Members of the public are encouraged to visit the public galleries whenever the House of Assembly or the Legislative Council is sitting.

There are also free tours of Parliament House are available for members of the public, run twice a day, on most non-sitting days and are conducted by House of Assembly Parliamentary Attendants. The tours focus on the history of Parliament House and the role of the Parliament.

How to become an Electoral Worker

Electoral Workers are people who help out with all sorts of tasks around local, state, and federal elections. They might help people vote on the day, count ballots, answer phones, and do all sorts of behind-the-scenes work to make sure election day runs smoothly.

If you have an interest in politics, are hands-on and friendly, and are looking for work to do between your day-to-day job, you might like to consider becoming an Electoral Worker.

About you:

- Excellent communicator
- Friendly and inviting
- Willing to work on your feet
- Knowledge of the electoral process
- Can work in teams and alone
- Good with technology
- Keen and energetic
- Unbiased and impartial

The job:

Your tasks will vary depending on exactly the kind of role you're working in, but here are some things you might be able to expect:

- Setting up voting centres with tables, signs, etc.
- Answering questions voters might have
- Safely storing and transporting ballots
- Counting ballots at the end of the day
- Assisting people with special needs to vote

Lifestyle Impact: Low

- This work is highly seasonal and is usually only available around election time, so it probably won't be your full-time job.
- Your pay will also vary greatly depending on how many hours you work and your role. During federal elections, the [AEC](#) has positions that can pay anywhere between \$25.54 to \$48.29 per hour (source: [aec.gov.au](#)).

Electoral Workers are most in demand in these locations:

Elections are held all around the country at different times of the year, so you'll need to keep an eye out for election time to see when upcoming jobs might be available.

How to become an Electoral Worker in Australia

You don't need any qualifications to be an Electoral Worker in Australia. In most cases you will need to be 18 years old, but there might be some roles available for those over 16.

Step 1 – Finish Year 12 with a focus on English.

Step 2 – Get experience volunteering in your community.

Step 3 – Register your interest around election time for upcoming jobs.

Step 4 – Complete any required training.

Step 5 – Try out a variety of Electoral Work roles.

Find out more here –

<https://www.aec.gov.au/employment/working-at-elections/index.htm>

<https://www.elections.nsw.gov.au/About-us/Work-with-us/Work-at-an-election>

<https://www.ecq.qld.gov.au/elections/working-at-an-election>

<https://www.vec.vic.gov.au/work-with-us/work-at-elections>

[https://www.elections.act.gov.au/elections and voting/interested in casual work](https://www.elections.act.gov.au/elections-and-voting/interested-in-casual-work)

<https://ecsa.sa.gov.au/about-ecsa/careers>

<https://www.elections.wa.gov.au/about-us/working-commission>

<https://ntec.nt.gov.au/About-us/employment-opportunities-casual>

<https://www.tec.tas.gov.au/Staff/StaffInfo.html>

Similar Careers to Electoral Worker

Politician

Political Staffer

Journalist

Police Officer

Administrator

Social Worker

Demographer

Find out more about alternative [careers](#).

Frequently Asked Questions (FAQs)

What do Electoral Workers do?

Electoral Workers assist with the preparation and running of elections, including setting up voting centres, assisting voters, counting ballots, and much more.

Do I need to go to university to become an Electoral Worker?

You don't need any formal qualifications to become an Electoral Worker.

Where do Electoral Workers work?

Electoral Workers are needed all across the country – they might work in voting centres, travel to people's homes to help them vote, or in work call centres answering phones.

What are 3 things I can do right now to help me become an Electoral Worker?

If you're in high school and you'd like to find out if electoral work is right for you, here's a few things you could do right now:

1. Get lots of experience volunteering in your community – this will help you build up valuable skills and look great on your resume.

2. Start learning about politics and the electoral process. If you're interested in a future career in politics, electoral work is a great way to get started.
3. Talk to an Electoral Worker to see what their job involves. If you don't know anyone, try to find videos or documentaries instead.

Mr Madani

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