Skye Primary School Kitchen Garden Program



Sage and Brown Butter

Recipe Source: Modified recipe from holisticfoodie.com

Fresh from the garden: Sage

Equipment:	Ingredients:
Pan	5 tablespoons of unsalted butter
Wooden spoon	1/2 cup sage leaves (packed tightly)
Measuring spoons and cups	3 tablespoons of pumpkin seeds (raw)
Chopping board	salt and pepper, to taste
Knife	Freshly grated parmesan (for serving)

What to do:

- 1. Place the butter in a pan and heat on low. Let it melt, stirring constantly with a wooden spoon until bubbling and browned. It will start to smell nutty and look brown and foamy. Don't stop stirring, it can easily burn. This should take about 5 to 8 minutes. Adjust the heat as needed to medium-low to avoid burning. During the last minute, add the sage leaves and pumpkin seeds and let them fry in the butter. Remove the pan from the heat.
- 2. Add in the gnocchi and toss for about one minute, until everything is coated. Season with salt and pepper.
- 3. Serve with parmesan on top. Enjoy!