

## External Agencies

The Wellbeing Team will work with students and their families to make referrals to external agencies where appropriate. Below are some local supports available for individual counselling:

### Headspace Melton

Ph: 8065 5600 (Monday– Friday)

16 Brooklyn Rd, Melton South

### Djerriwarrh Health – Adolescent, Young Adult and Family Counselling

Ph: 8746 1100 (Monday- Friday 9am- 5pm)

City of Melton Youth Services  
193 Barries Road, Melton West 3337

### GP- Mental Health Treatment Plans

Your local GP can support with a referral for counselling outside of school for up to 10 sessions per

### Director of Student Engagement, Wellbeing and Inclusion



Mrs. Buckle

(Mon-Thur)

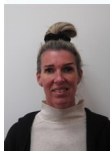
### Wellbeing and Inclusion Coordinator



Mrs. Xavier

(Wednesday & Friday)

### Wellbeing Counsellors (Monday– Friday)



Tara Coates



Stacey James

### Adolescent Health Promotions Nurse



Natasha Farrington  
(Monday & Thursday)

# Melton Secondary College– Wellbeing Team



If you would like any further details on the Wellbeing Program at MSC or would like to speak with a member of the Wellbeing Team,

**Please call 9743 3322**

## Wellness Centre



### What do we do?

- Case Management
- Short term Targeted Intervention
- Intake and Assessment
- Parent meetings
- Group work programs Referrals to external agencies
- Referral and Liaison with external agencies
- Home visits
- State School Relief Uniform Applications
- Doctors in Secondary Schools Program
- Support for students in Out of Home Care
- Referrals for educational assessments

## REFERRAL PROCESSES

A referral can be made to the Wellbeing Team by:

- MSC staff
- Parents/Guardians
- External Workers/Agencies
- Self –referrals

Once a student has been referred to the Wellbeing Team the following steps will be taken

1. The student will meet with a Wellbeing Team member to complete Intake. The aim of Intake is to gather a detailed history and assess the current level of need.
2. Information from the referral and intake will then be brought back to a weekly allocation meeting where the referral will be discussed and allocated appropriately.
3. Allocation options could include (but is not limited to):
  - One on One support
  - Small Group Program
  - Referral to external agencies/ supports
  - Referral to MSC Careers Team

### Doctors in Secondary Schools Program

Melton Secondary College is part of the Doctors in Secondary School Program. This program provides students with access to a GP and Nurse 1 day per week.

GP Sonya Morrissey and Nurse, Lea Smerdon from Westcare Medical Centre are based at Melton Secondary every Thursday.

For more information about this service or to book an appointment, please speak to a member of the Wellbeing Team

### Confidentiality

The Wellbeing Team at Melton Secondary College provides counselling and group work with limited Confidentiality.

The Wellbeing Team has a duty of care for the wellbeing and safety of students.

Whilst we aim to keep discussions Confidential, if the Team is concerned about a students safety and/or the safety of others, they may contact other services and share information. Sometimes this may need to happen without permission.

It's important to understand that limited confidentiality applies:

- Where there is risk of harm to self
- Where there is risk of harm to others
- Where someone is harming the student
- During discussion within the Wellbeing Team

People that may be contacted include:

- Department of Health and Human Services (DHHS)
- Police
- Parent/Guardian
- Doctors or Specialist
- Mental Health Services