

# Summer Menu

effective as at 23 October 2020 • all orders must be placed by 9.00am

Keep an eye out for weekly specials on the board outside the canteen and on the school Facebook page.

White Gum Valley Primary School follows the Healthy Food & Drink Policy and Traffic Light System.

Green items are every day choices and Amber items should be consumed in moderation: • Green Light • Amber Light

Dietary requirements can be considered, have a chat with Bev. GF Gluten Free V Vegetarian

## Recess BROWN BAG

• Cheesie	\$1.50
• Popcorn (small bag)	GF \$0.50
• Apple Slinky	GF \$1.00
• Yoghurt (dip pot)	GF \$1.50
• Fruit Kebab	GF \$1.50
• Chocolate Cupcake	GF \$1.50

## Drinks

• Fruit Smoothie	GF \$2.00
• Water 600ml	GF \$1.50
• Hi-Lo Milk	GF \$1.50
• Cold Milo	\$1.50
• 100% Fruit Juice Box	GF \$1.50

## Lunch WHITE BAG

• Nachos with baked beans, sour cream, salsa and cheese	GF, V \$5.00
• Toasted Baked Bean Jaffle with cheese	V \$4.00 V \$4.50
• Baked Potato, Wraps or Sandwiches (sandwiches prepared fresh with wholemeal bread, GF available)	
One filling	\$3.50
Two fillings	\$4.00
Three fillings	\$4.50
Choose from: baked beans, sour cream, ham, cheese, tomato, chicken, tuna, salad, egg, Vegemite. Please let us know if you would like it toasted.	
• Vegetarian Pizza (GF base available)	V \$4.50
• Ham and Cheese Pizza (GF base available)	\$4.50
• Chicken Sushi (6 pieces)	\$5.50
• Tuna Sushi (6 pieces)	GF \$5.50
• Vegetarian Sushi (6 pieces)	V \$5.50
• Meat Pie	\$4.70
• Home-made Sausage Roll	\$3.50
• Home-made Spinach & Ricotta Roll	V \$3.50
• Sauce	\$0.30

## Lunchtime treats

• Popcorn (small bag)	GF \$0.50
• Apple Slinky	GF \$1.00
• Fruit and Yoghurt Pops	GF \$1.50
• Yoghurt (dip pot)	GF \$1.50
• Ice Cream	GF \$1.50
• Quelch Icy Pole	
Half	GF \$0.50
Whole	GF \$1.00



**WHITE GUM VALLEY**  
PRIMARY SCHOOL