



Books suitable for Junior & Middle Primary

Recommended reading for children and parents.

Girls

- 🌟 **Beautiful Girl: Celebrating the Wonders of your Body** by Christine Northrup (age 8-10)
- 🌟 **I'm a Girl: Special Me** by Shelley Metten (age 5-7)
- 🌟 **Secret Girls' Business** by Fay Angelo, Heather Pritchard and Rose Stewart (age 8+)
- 🌟 **Girl Wise – A Guide to Being You & A Girl's Guide to Life** by Sharon Witt (age 7-12)

Boys

- 🌟 **I'm a Boy: Special Me** by Shelley Metten (age 5-7)
- 🌟 **Secret Boys' Business** by Fay Angelo, Heather Pritchard and Rose Stewart (age 8+)
- 🌟 **Wise Guys – A Boy's Guide to Life** by Sharon Witt (age 7-12)

Girls, Boys & Everyone

- 🌟 **Amazing You** by Gail Saltz (age 4-8)
- 🌟 **Bodies, Babies and Bellybuttons** by Lynette Smith (age 5-7)
- 🌟 **Changing You: A guide to body changes and sexuality** by Gail Saltz (age 8-12)
- 🌟 **Hair in Funny Places** by Babette Cole (age 7-9)
- 🌟 **How Did I Begin** by Mick Manning (age 5-8)
- 🌟 **It's NOT the Stork! A Book About Girls, Boys, Babies, Bodies, Families and Friends** by Robie Harris (age 4-7)
- 🌟 **It's So Amazing! A Book About Eggs, Sperm, Birth, Babies and Families** by Robie Harris (age 7-10)
- 🌟 **Let's Talk about Body Boundaries, Consent and Respect** by Jayneen Sanders (age 4-9)
- 🌟 **Making A Baby: An inclusive Guide to How Every Family Begins** by Rachel Greener (age 6-10)
- 🌟 **Mummy Laid an Egg** by Babette Cole (age 5-7)
- 🌟 **Our Baby Inside** by Mick Manning (age 4-10)
- 🌟 **Special Me: For IVF families** by Tina Mitchell (age 3-8)
- 🌟 **The Amazing True Story Of How Babies Are Made** by Kerri Isham (age 7-10)
- 🌟 **The Baby Tree** by Sophie Blackall (age 4-7)
- 🌟 **Welcome to Consent** by Yumi Stynes & Dr Melissa Kang (age 6+)
- 🌟 **What's In There? All About Before You Were Born** by Robie Harris (age 3-6)
- 🌟 **What Makes A Baby** by Cory Silverberg (age 4-7)
- 🌟 **What's The Big Secret: Talking about sex with boys and girls** by Laurie Kransky Brown and Marc Brown (age 6-9)
- 🌟 **Where Did I Come From?** by Peter Mayle (age 6-9)
- 🌟 **Where Willy Went- The Big Story of a Little Sperm** by Nicholas Allan (age 5-8)
- 🌟 **Where Did I Really Come From?** by Narelle Wickham (age 5-12)
- 🌟 **Who Are We: All about being the same and different** by Robie Harris (age 3-5)
- 🌟 **Who Has What? All about Girls' and Boys' bodies** by Robie Harris (age 3-5)
- 🌟 **Who's In My Family: All about families** by Robie Harris (age 3-5)
- 🌟 **21st Century Guide To The Birds And Bees** by Belinda Messer and Rosie Luik (age 5-10)
- 🌟 **400 + questions kids have about relationships** by Interrelate (age 6-9)

Parents

- 🌟 **Sex Ed Quickies Web-based App** for 3-13 year olds
- 🌟 **Talk soon. Talk often. A guide for parents talking to kids about sex**
- 🌟 **There's No Place Like Home For Sex Education** by Mary Gossart
- 🌟 <https://sexedrescue.com/sex-education-books/>