

Growing Harvesting Preparing Sharing

## Hand-Cut Pasta with Seasonal Greens & Herbs Tossed in Olive Oil

Season: All

**Serves:** 30 tastes in the classroom or 6 at home

Fresh from the garden: basil, garlic, oregano, parsley, rocket, spinach, thyme

**Note:** You can substitute the herbs listed in this recipe with whatever soft-leaved herbs you have in the garden.

The cooking group will be divided into the pasta makers and the sauce makers. The pasta makers will need the **Basic Pasta Dough** recipe (page 116).

## **Equipment:**

metric measuring scales and cups

2 large pots with lids

3 or 4 tea towels

chopping board

cook's knife

grater

2 sauté pans

2 mixing spoons

tongs

colander

serving bowls and platters

## **Ingredients:**

1/3 cup olive oil

2 large handfuls of basil, finely chopped

2 large handfuls of parsley, finely chopped

1 small handful of oregano, finely chopped

1 large handful of thyme, finely chopped

2 large handfuls of rocket, finely chopped

2 large handfuls of spinach or chard, finely chopped

4 garlic cloves, peeled and finely chopped

50 g parmesan, grated

salt and ground black pepper, to taste

1 quantity Basic Pasta Dough





## What to do:

- 1. Put two large pots of water on to boil.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Divide the cooking team into two groups. One group uses the **Basic Pasta Dough** recipe to make pasta, the other group makes the sauce, as below.
- 4. Divide the oil between the sauté pans, add half the garlic to each pan and cook for 30 seconds.
- 5. Add half the herbs and greens to each pan and cook until wilted. Remove from the heat.
- 6. Roll the pasta into four long sheets, and cut the sheets to fit the size of a chopping board.
- 7. Place each pasta sheet onto the chopping board and cut any irregular shapes you like, but no wider than 3 cm.
- 8. Cook the pasta in the two pots and drain it, saving a small amount of the cooking water.
- 9. Place the pan with the greens back on the heat.
- 10. Toss the pasta and greens together. Add some saved water if the dish needs loosening.
- 11. Season to taste and serve garnished with parmesan.





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