**YEAR 5/6 CANBERRA EXCURSION 2022**

**DATES:**  Monday 12th September to Friday 16th September 2022.

**COST:** The **estimated cost** for the excursion at this stage is **$720 per child**.

Students from our school will soon be undertaking an education tour of the national capital. Students will be given the opportunity to participate in a variety of educational programs with a focus on Australia’s history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of $45 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion. The rebate has been included in the cost of the excursion.

**ACCOMMODATION:** Canberra Park Resort, Canberra.

**TRAVEL:** Edwards Coaches. The bus is fitted with seatbelts and these must be worn at all times when travelling.

**SUPERVISION:** Class teacher along with a member of the Leadership Team and 2 x teachers from St Joseph’s Uralla.

**COVID**: Personal Health Declarations (PHDs) are used to determine whether a child is displaying signs and symptoms of COVID-19, and to obtain permission to conduct COVID-19 testing should a child fall ill on an excursion. You will be asked to provide a PHD to the school in the 24-hour period before your child’s excursion begins. You will be able to submit this to me electronically or via a paper form. If you submit the form electronically it will be sent to Mr Hyatt’s email inbox. The PHD form is included with this note and also access to this document will be included in future editions of the school newsletters. A week before we depart on our excursion another paper copy of the PHD form will be sent home to all families as well. Mr Hyatt will be collecting the completed form before your child boards the bus. If he doesn’t receive this form, your child will not be allowed to attend.

A separate note will be going home in the near future in regards to the updated COVID guidelines. This note will also include the expectations of parents/staff and students prior and during the excursion.

**MEALS:** Freshly made, healthy meals will be provided for the students whilst on the excursion. Those students who have special dietary requirements will be catered for, but **this must be indicated on their medical form.** In previous years the choices for a **gluten free diet** were very limited so those students may need to pack some extra snacks to top up their meals.

A packed recess, lunch, afternoon tea and drinks are needed for the Monday. No fizzy drinks are allowed.

The children can carry and consume water on the bus. Any other drinks are to be kept for morning tea and lunch. ***Chewing gum and bubble gum of any sort are banned at all times.***

We will be stopping at McDonald’s on the way home on Friday, the children will need to have approximately $15 for lunch. This should also be placed in an envelope, with your child’s name clearly written on the front, and handed to the teachers on Monday morning.

**EXPECTATIONS:**

**MOBILE PHONES, IPODS AND IPADS, SMART WATCHES AND ANY OTHER DEVICES:** Children **will not be permitted** to take these items for any reason. This decision has been made because the activities that students will be participating in are not conducive to carrying these items. It is also very disruptive to have some students with access to these devices and some not, particularly at night time. This type of equipment is just another expensive item to be cared for.

**IN CASE OF EMERGENCY:** The following arrangements will be in place where parents can contact us-

One staff member will ring the school each day to check in.

In an emergency a staff member will immediately ring the child’s family and remain in regular contact.

If an emergency occurs at home, please contact the school so a message can be conveyed to us.

**MEDICATION***:* ALL medication (including travel sickness medication) needs to be clearly labelled with the child’s name and dosage particulars. Any medication included on the medical form must be included, as well as anything you think your child may need e.g. Panadol. The teachers will not be able to administer any medication without parental permission.

Medication needs to be placed in a labelled zip lock bag and given to the teacher on the morning of departure. Asthma medication should be carried by the child.

**ASTHMA /ALLERGY ACTION PLAN:** The school will copy and take a current Asthma or Allergy Action Plan that is held at school. Any child suffering from asthma or in danger of anaphylaxis must complete the Asthma / Allergy Action Plan if the school does not have a current copy.

**MEDICAL NOTE, DIETARY REQUIREMENTS, PG PERMISSION:** Please return the medical note, dietary requirements (including PG rated DVDs permission) by Monday 15th August.

**POSSESSIONS***:* The children are expected to be responsible for their own possessions. All clothing needs to be labeled with your child’s name. The staff will take photos daily of the various activities that the students will be involved with and will upload these to a shared file in which will be shared with parents before we leave.

The adults will not be minding children’s possessions. Please consider carefully the items that would be better off left at home. The busy itinerary does not allow very much “free time” and when there is a suitable gap the students are encouraged to participate in physical games or activities.

**BEHAVIOUR***:* Every child has the right to enjoy the excursion and to be safe. With this right comes the responsibility to behave, allow others to feel safe, to enjoy the excursion and to represent the school well.

In cases of severe misbehaviour, parents/guardians would be expected to come to Canberra and collect their child. Severe misbehaviour could include incidents such as: vandalism, physical abuse of a child or adult, constant disobedience, leaving the group, stealing.

**“LIGHTS OUT” MEANS SILENCE:** Children with inadequate sleep spoil the excursion for themselves and others. We will be enforcing this rule strictly and consequences may apply eg. missing an activity the following day if this rule is not adhered to.

**SPENDING MONEY:** Spending money. Up to $80 can be taken for souvenirs etc plus $15 which needs to be kept for lunch at a McDonald's Restaurant on the return trip. Spending money in an envelope needs to be given to Mr Hyatt on the Monday morning.

**ORGANISATION:** Children will be expected to keep their rooms tidy and have clothing organised. There will be room inspections and perhaps a tidy room competition.

**CONSIDERATION OF OTHERS:** The children need to understand that a five day school excursion is very different to a family holiday and therefore needs to be looked upon differently. Consideration of others, adhering to a tight itinerary, following directions and cooperation are all very important aspects to ensure the success of the excursion and enjoyment of all attending.

**WHAT TO BRING:**

* Full winter uniform (with tie) will be needed for the day we visit Parliament House (Thursday)
* Tidy casual clothes will be needed for the other days. Canberra’s climate is similar to New England but can be a little cooler, being further south. Please label all clothing.
* A hat or cap.
* One towel needs to be packed. Other linen is provided.
* Toiletries- including soap and shampoo as these won’t be provided. No spray deodorants or insect repellent as these can trigger asthma
* Sunscreen
* Large plastic bag for dirty clothes (to keep inside your main bag)
* Packed recess, lunch, afternoon tea and drinks for Monday
* Reading material, cards, puzzles etc for the bus
* G or PG DVDs (clearly named and given to supervising parent on arrival or to the teacher prior to the excursion, to watch on the bus)
* Pillow

**LUGGAGE:** One small day bag on the bus and one main bag under the bus. Please keep the main bag as small as is practical. Children will not have access to the main bags when travelling on Monday and Friday. Anything needed for Monday, (including a packed lunch), and Friday needs to go in the small bag that is on the bus.

**ARRANGEMENTS FOR MONDAY DEPARTURE:**

* Departure Time: 6.30am St Patrick’s School. Please arrive at 6.00am by the latest.
* A packed lunch and drinks are needed for Monday. No fizzy drinks are allowed during the trip.
* The children may carry and consume WATER on the bus. Any other drinks are to be kept for morning tea and lunch. **Chewing gum of any sort is BANNED**.
* Children can bring DVD’s to share with the rest of the bus. These can also be brought into school the week prior to the excursion.

**INSURANCE:**

All children enrolled at a Catholic School in the Armidale Diocese are covered for accidents 24hrs day/365 days a year. It covers students if they are at school, sport, excursions or on holidays.

There are exclusions and conditions that apply to what is covered. For information about Student Care Insurance please visit www.ccinusarence.org.au/studentcare

**Canberra Excursion**

**12th September - 16th September**

**ITINERARY**

**Day 1 Monday 12th September**

6.00am Leave St. Joseph’s School Uralla

6.30am Leave St. Patrick’s School Walcha

7.45pm Dinner at accommodation, Canberra

**Day 2 Tuesday 13th September**

7.00am Breakfast at Canberra Park

9.00am Australian War Memorial

11.00am National Museum of Australia

12.30pm Packed lunch

1.30pm Royal Australian Mint

3.30pm Museum of Australian Democracy

5.00pm Zone Bowling

7.00pm Dinner at Canberra Park

**Day 3 Wednesday 14th September**

7.30am Breakfast at Canberra Park

8.30am Walk around Lake Burley Griffin

10.15am National Film and Sound Archive

11.30pm Packed Lunch

12.30pm National Gallery

2.30pm Australian Institute of Sport

5.00pm Canberra Rotary Peace Pole?

7.30pm Dinner at accommodation

**Day 4 Thursday 15th September**

9.00am Breakfast at Canberra Park

9.00am Mount Ainslie Lookout

10.00am Parliament House

12.00pm National Arboretum

1.15pm Packed lunch

2.15pm Questacon

4.45pm Depart for Accommodation

6.30pm Dinner at Accommodation

**Day 5 Friday 16th September**

Packed Takeaway Breakfast

6.30am Depart Canberra

7.30pm ETA Walcha

**ST PATRICK’S PRIMARY SCHOOL, WALCHA**

**MEDICAL INFORMATION FORM FOR MAJOR EXCURSIONS**

Student Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB\_\_\_\_\_\_\_\_\_\_ Class\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Medicare Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Private Health Provider: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Policy Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent or caregiver contact details:**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Home phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Work: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Mobile: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Emergency alternative contact/s details :**

1. Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Medical Practitioner**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Existing medical conditions or illnesses** (include asthma, diabetes, epilepsy, etc.). Outline the best treatment for each. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Allergies to:**

Penicillin: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Other drugs: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Any foods: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Any special care needed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Medication/s to be administered during the excursion. Include name of medication, instructions for administration, time of administration, and any possible reactions. Please include panadol and travel sickness medication if needed**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Does your child have any night time problems which should be brought to our attention? Please give details and other information which could be important:

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Any additional aspects that staff should be aware of:

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**Parental Consent:**

My child\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ has permission to attend the educational excursion to Canberra from 12th September to 16th September 2022.

I understand that he/she will be travelling by bus.

My child has permission to watch PG rated DVD’s .

In the event of any illness or accident, I authorise the obtaining on my behalf of such medical assistance as my son/daughter requires as well as allowing the staff members to administer medication (ie: Panadol or Nurofen).

I understand that should it become necessary for alternate arrangements to be made to transport my child home (eg due to medical emergency or my child being removed from the excursion due to behavioural issues) that I am liable for the associated costs involved.

Signature of parent or caregiver: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Ph \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_