



MyTime

PROVIDER

*supporting parents of
children with disabilities*



Government of South Australia

SA Health

Women's and Children's
Health Network

**ARE YOU A
PARENT OR
CARER OF
CHILD/REN
WITH SPECIAL
NEEDS?**

MyTime is a **FREE** Program for mums, dads, grandparents and anyone caring for a child up to the age of 16 with a disability, chronic medical condition or special needs. The Program provides carers "time out" – relax and socialise sharing ideas with others in similar situations, fun activities (including massage, manicures, craft and more).

**FREE
CRECHE**

*Available for
children
0 – 5 years*

Hackham West MyTime Group

Monday – During school term –
commencing

Time: 10:15am – 12:15pm

Venue: Hackham West
Primary School
Glynville Drive
Hackham West

**For more
Information
please contact:**

Facilitator: **Lynette Nigro**
0439 840 958
or
Manager: **Virginia Fusco**
8159 9474