RINGWOOD
SWIMMING CLUB

Child Safe 2026 Code of Conduct

Version for Reading Level Children

Content Warning: this document contains child abuse related content that may be triggering or distressing. It includes language related to the human body.

What do we want to tell Children and Young People?

- **We protect First People Children.**
- We care about the safety and wellbeing of First People children and young people.
- Ringwood Swimming Club will not allow racism
- Adults will take action if someone is being racist toward you because you are First People.
- You have the right to enjoy your family rules, language, religion or ways of living.
- **We protect all Children and Young People.**
- We care about the safety of all children and young people.
- All adults are responsible for helping you be safe, well, and believed
- We want you to feel safe.
- Your voice will be heard in decisions that affect your life.
- This Code of Conduct is a set of rules for how adults that you meet or know from Ringwood Swimming Club should behave
- This is important to help stop you being harmed.

Rules that Adults must follow:

- Look after you at all times and never leave you alone.
- Treat you with respect.
- Listen to your ideas and opinions.
- Provide you enough food.
- Provide you enough rest and relaxation.
- Listen to you when you talk about child safety.
- Allow you to be you – and express your family culture.
- Allow you to be unique in how you dress, how you speak and what you enjoy doing.
- Stand up to racism.
- Always look after First People children and their families.
- Talk to you about decisions that affect you.
- Respect your privacy.
- Allow you to refuse going to the toilet, or have a shower, or get changed if you do not want to.
- Adults must not take you to a private room, a car or a private part of the building alone.
- Adults must not contact you away from Ringwood Swimming Club on the internet like Messenger on Facebook, WhatsApp, TikTok or Instagram.
- Adults must not use hurtful, discriminatory or offensive behaviour or language to you.
- Adults must not yell, swear or say mean things to you.
- Adults must not hurt you physically (like slapping you or hitting you).
- Adults must not drag or push a child.

- Adults must not act in a sexual or romantic way to you at all. This means adults at Ringwood Swimming Club cannot:
  - Show you their private parts (penis, vagina, breasts, bottom)
  - Ask to see your private parts (penis, vagina, breasts, bottom)
  - Show you pictures or videos of adults or children who are naked
  - Tell you that they want to do things that are romantic or physical with you, like touch you.
  - Take photos or video of you when you are naked or getting dressed.
- Adults must not lock you up or tie you up in a room, or car or anywhere so that you cannot escape.
- Adults must not give you special attention or make special friends with you. This is not allowed at Ringwood Swimming Club and you must tell a trusted person if this happens to you.
- Adults at Ringwood Swimming Club who are not your parents or carer, must not ever give you money, food, special gifts or drinks because they want you to do something with them.

Who must follow these rules?

All people who work at Ringwood Swimming Club (like swimming coaches) and all people that go to Ringwood Swimming Club (like any other adult you see at swimming lessons).

What happens if the rules are broken?

- Everyone should speak up if they are worried about safety. You should speak up and tell a trusted adult if you are worried about yourself or another child.
- Sometimes when the rules about your safety are broken, an adult must tell the Police. The Police are there to help you too.
- In fact, it is against the law for adults to keep a secret if they believe a child has been hurt or may be in danger.

- **No matter how alone or worried you feel, you can find help if you feel unsafe**
- You can call the Police if you feel you are in danger. Their Phone Number is: 000
- You can also call Kids Helpline to talk about your safety. Their Phone Number is: 1800 55 1800
- Ringwood Swimming Club also has a special person who cares about your safety called a Child Safety Officer.
- The Child Safety Officer will listen to you. Her name is Kay Yates.
- You can call her if you want her to meet you, or you may email her (if you are able to use a computer)

Her Phone Number is: 0478 723 116

Her email is admin@ringwoodswimmingclub.org.au



Approved by RSC Board of Management 9 October 2026