



Salad of the Imagination

Season: Any

Type: Salad

Difficulty: Easy

Serves: About 32 tastes

Fresh from the garden: Leaves, Herbs etc.

Recipe source: Stephanie Alexander Program

Equipment:	Ingredients:
<ul style="list-style-type: none">• Salad spinner• Large Bowl• Serving bowls• Knife/scissors• Jar	<ul style="list-style-type: none">• 6 cups of mixed salad leaves, rocket, beetroot leaves, cos lettuce, baby spinach or anything else in the garden.• Herbs from the garden.• Choose a fruit e.g. segmented orange or mandarin, sliced pear or apple etc.• Select a vegetable e.g. cucumber, tomatoes, spring onions, red onion, carrots, peas etc.

What to do:

- **Choose out of those available which salad or lettuce leaves you would like to include with your six cups and wash them thoroughly in a sink full of cold water.**
- **Drain them on the draining board and then spin. Tear or chop up leaves roughly into a large bowl.**
- **Send a pair to the garden to gather about a cup of mixed herbs Wash and spin as with other leaves**
- **Now make your salad dressing.**
- **Shake the dressing in the jar.**
- **When ready to serve divide salad between bowls for each table and dress before serving.**