

Visible Learning

St Martin de Porres has 6 Learning Powers. Learning powers are all about helping students learn **how to learn**.

This involves knowing the mindsets and actions that are demonstrated by successful learners. Building and developing skills and habits of mind are as important as content to ensure students have dispositions that make them better prepared as lifelong learners.



REFLECTION

CREATIVITY

RESILIENCE

CURIOSITY

COLLABORATION

MOTIVATION

Tips for home learning:

- Encourage your child to talk about **how** and **what** they learnt in school each day. Which learning power did they use? How did they use it? What are they most proud of?
- Encourage resilience in your child by ensuring that they know that it's okay when mistakes are made because it is at these times that we are learning most.
- Engage with your child when they upload their work to Seesaw, Offer praise and feedback about their **improvement** and **growth** or willingness to have a go even when things are hard. Ask them what will be their next step in their learning.

Mathematics



The students will focus on the following content areas in Term 1:

Time - which will include telling the time to the quarter hour, telling the time to the minute and solving simple time problems.

Number and Algebra - students will investigate odd and even numbers and will model, represent and order numbers to at least tens of thousands. They will recall multiplication facts and will represent and solve multiplication problems using efficient mental and written strategies.

Tips for home learning:

- Practice multiplication facts in random order, starting with 2s, 3s, 5s and 10s and working towards 9s and 11s.
- Investigate how many seconds are in a minute, minutes in an hour, hours in a day, days in a year. Make a cheat sheet to help you remember these time facts.
- Work out the time spent at school during a normal school day.
- Investigate what you could do in seconds, minutes and hours.

Inquiry

How do we manage the health of our body?



The students will be investigating the consequences related to the choices we make on our health and wellbeing. They will be exploring the impacts of nutrition and exercise on their bodies, as well as the influence of social and emotional trauma. In addition to this, they will be examining the impacts of allergies and disease and the ways these can be minimised.

Tips for home learning:

- Encourage outdoor exercise
- Limit screen time
- Encourage healthy eating

Reading



The students are learning to build their stamina during reading. They are also learning to create open minded portraits by focusing on the events in a book and writing from the perspective of different characters. We are learning to develop a better understanding of texts using the comprehension strategies (reading powers) including visualising, making connections, inferring, transforming ideas and asking questions.

Tips for home learning:

- *Stamina reading at home (15-20 minutes)*
- *Encourage understanding by asking these questions:*

General questions:

- *Tell me about the characters*
- *Where is the book set?*
- *What are you still wondering?*

Inferring:

- *What is the message of the story? How can you use this message in your own life?*

Summarising:

- *Retell the story using the main ideas in the beginning, middle and end*

Writing



Snapshot Writing

During Term 1 we will be learning to use a seed (a zoo ticket, a pressed flower, a holiday photo, etc.) to plan, edit and publish a piece of writing. This will be done through the students writers notebook which allows them to explore a range of genres based on their seeds.

Explanation Texts

We are also learning to write explanation texts where students will explain how something works related to a selected topic.

Spelling/Grammar

Within the writing program, there will also be a focus on grammar and daily spelling sessions.

Tips for home learning:

- *Help your child find some seeds from home to bring in to school. They could even use one of the seeds to begin writing a piece at home.*
- *Talk with your children about a current local or world issue. Ask them to write some facts which can later be turned into a report.*

Religious Education



Prayer - The students will develop an understanding of the meaning of prayer. They will be introduced to the four types of prayer; praise, thanksgiving, blessing, intercession and petition.

Faith - The students will identify how they pray and how others pray. They will explain what makes our faith community and will be respectful of other faiths and cultures while maintaining our Catholic tradition.

Easter - They will also explore the seasons of Lent and Holy Week as a journey of hope. They will learn about the colours, symbols, Scripture, prayers and events of these seasons and what they mean.

Tips for home learning:

- *Talk about what you do at home in terms of prayer*
- *Discuss your faith with your child and the associated traditions*

Social Emotional Learning (SEL)

Types of Learners - We have been investigating the types of learners we are and that, even though we are a team, we are on our own journey of learning. This helps students in bettering themselves rather than competing against others.

The Learning Pit - We are also encouraging students to understand that making mistakes is part of learning and that it is only when we 'stretch our brains' and come out of our comfort zone that we really begin to learn.

Zones of Regulation - Building self awareness is a lifelong skill, especially at this age where many students are still ego-centric. Recognising and regulating emotions is taught through the Zones. We encourage them to understand that even though it's okay to be upset, we need strategies to make ourselves happy again.

Tips for home learning:

- *Talk to them about what kinds of learners they are and discuss what sorts of things they can do to develop the others.*
- *When they make a mistake, remind them that it is part of learning and ask them what lesson they learnt.*
- *Always speak positively around children as this will help them form positive talk in their minds*

Specialists - Sports uniform to be worn every Wednesday and Thursday.

Japanese



In term One the students will be learning to exchange greetings and introduce and share information about themselves using simple language in Japanese.

They will compare Japan with other countries in the Asia Pacific and learn what makes Japan distinctive and begin to understand Japanese nuances including body language and gestures.

Tips for home learning:

- *Talk to your child about the differences between Japan and other Asian countries. Students, see if you can find out a fact about Japan which surprised and interested you. Share it in your next Japanese lesson.*

Physical Education



Physical Education

We are learning to demonstrate greater proficiency and control across a range of fundamental movement skills and game-sense activities. We will begin to link complicated movement patterns and combinations of skills. This will be done through the introduction of heavily Modified Team Sports - such as Netball, Tee Ball and Tennis. We will explore and experiment with technique to develop competitive game-play and decision-making in controlled activities. We are focusing on social skills such as; cooperation, fairplay and sportsmanship.

Tips for home learning:

- Watch sporting events you enjoy & THINK about - How do the players communicate with each other? What are the different responsibilities in a team? How are they demonstrating Sportsmanship?
- *Cross Country Trials will be held this term - Start training!*



The Arts

The students will be exploring what makes up our natural environment and will use natural materials to create art works. They will collect the materials they need from the environment and include other resources, when experimenting with different ways of designing and presenting art pieces. We are learning to draw. This will involve exploring a range of different drawing styles including cartoons and still-life. We will experiment with a range of drawing materials including pencils, pens and pastels.

Tips for home learning:

- *Go for a walk and collect gumnuts, tree nuts, leaves, sticks and stones, and other small natural objects. Arrange on paper or cardboard, in a box, or on a paper plate to create mini gardens, habitats and creatures.*

Music



During Term One the students will be working on a body percussion unit. They will recognise rhythmic patterns and perform a repeated pattern to a steady pulse clapping, stamping, clicking patting etc. They will identify and recall rhythmic and melodic patterns as well as repeated patterns used in a variety of music. (Ostinato). As we begin to develop a repertoire of songs, the students will also identify ways sounds are used to accompany a song.

Tips for home learning:

- *Using their body as a drum machine, encourage your child to see if they can come up with a rhythmic pattern using claps, clicks, stomps etc and perform it to you or video it.*

Reminders - Important Term 1 Dates

- ❑ **Reconciliation for Year 4** - 11th March @ 12pm
- ❑ **First Holy Communion** - Sunday, 2nd May @ 10am
- ❑ **Reconciliation for Year 3** - Thursday, 21st October
- ❑ **District Swimming Carnival** - Tuesday Feb 23rd 9:30am-2pm @ Werribee Outdoor Pool (selected students only)
- ❑ **Last day of Term 1** - Thursday April 1st

Student Birthdays

Students **cannot bring in food/cakes/lolly** bags to celebrate their birthdays. This is due to the safety of students with life threatening allergies. We also discourage them from bringing gifts to share with their class

Library

Students will be able to **borrow and return books once per week**. They are encouraged to borrow one-three books. Students can only reborrow books when the others have been returned. Please remind your children to return their book on their library day. (*3/4J & 3/4ST - Monday, 3/4SL - Friday*)

Water Bottles

Staying hydrated has a major effect on energy levels and healthy brain function. It prevents headaches and has overall health benefits. **Every student is strongly encouraged to bring a water bottle to school** and ensure it is labelled before arriving at school.



SunSmart All students are required to wear a St Martin de Porres hat from September 1st to April 30th each year when the UV index is above 3 for all outdoor play and learning.

Open ended questions to ask about your child's day:	Educational Sites:
<ul style="list-style-type: none"><input type="checkbox"/> Who made you smile today?<input type="checkbox"/> What made you anxious today?<input type="checkbox"/> What are three things you are feeling grateful about today?<input type="checkbox"/> What did you achieve today that you are most proud of?<input type="checkbox"/> What is one thing you learnt today that you didn't know before?	<ul style="list-style-type: none"><input type="checkbox"/> Kids News Website<input type="checkbox"/> ABC Mathseeds<input type="checkbox"/> ABC Education<input type="checkbox"/> Matific<input type="checkbox"/> BTN