

Potato salad with poppyseed dressing



Serves: 24 – 30 tastes

Source: Adapted from allrecipes.com.au

Ingredients

500g new potatoes

1 crunchy lettuce, torn into pieces

1 Green apple sliced into

matchsticks

1 handful of mint leaves, torn

1 handful of parsley, torn

2 sticks of celery, sliced thinly

2 carrots, diced finely

1 spring onion, sliced

Dressing

1/4 cup olive oil

¼ of a boiled onion, diced very

finely

1 tablespoon white wine vinegar

1 tablespoon sugar

½ teaspoon Dijon mustard

½ tablespoon poppy seeds

¼ teaspoon salt

Pepper to taste

Equipment

Chopping boards

Knives

Salad spinner

Peeler

Large and small mixing bowls

Whisk

Saucepan

Colander

What to do:

- Wash and cut the potatoes into 2cm pieces
- Place in a pan of salted simmering water, cook until nice and tender the softer the better – whilst still holding their shape
- While your potatoes are cooking wash and spin dry the lettuce and mint and parsley, tear them into bite size pieces and place in the large mixing bowl
- Slice the celery and spring onion and add to the lettuce
- Dice the carrot and add to the lettuce
- Cut the apple into matchsticks, add to the lettuce
- For the dressing, combine all ingredients in a jar with a tight fitting lid, shake well to combine
- Drain the potatoes once cooked, allow them to sit in the colander for 5 minutes – so any excess water will evaporate
- Throw them into the salad (while they are still warm), along with the dressing and toss together well.
- Divide into serving bowls and serve