

TERM 2- 2017

John XXIII Canteen

Winter Menu

Breakfast Menu - daily (8am - 8.30am)

Cereal Portion & 150ml milk **\$3.50**

Toast

2 pieces of wholegrain or white **\$2.30**

Fresh baked bread roll with spreads **\$2.30**

Monday, Wednesday & Friday

Plain Cheese Toastie **\$2.20**

Ham & Cheese Toastie **\$2.60**

Tuesday, Thursday

Ham & Cheese Toastie **\$2.60**

Plain Cheese Toastie **\$2.20**

Bacon & Egg Roll **\$3.80**

Baked

Assorted muffins **\$2.50**

Banana Bread **\$2.50**



Drinks

Plain Milk - 300ml **\$1.70**

Plain milk - 600ml **\$2.50**

Plain milk - 1 litre **\$3.00**

Flavoureds milk - small **\$2.70**

- large **\$4.00**

Fruit juice (100%) - small, popper **\$2.00**

- large **\$3.20**

Bottled water **\$2.00**

Iced tea **\$4.20**

Up and Go / LOL **\$2.90**

Icreams

Quelch ice sticks **\$1.00**

Icey Pole **\$1.50**

Billabong / Bulla light cup / Paddlepop / Fandangle **\$1.80**

Paddle pop Toffee apple / YogNice **\$1.80**

Snacks

Snap Chips / Popcorn **\$1.70**

Pretzels **\$2.50**

Whole fruit piece **\$1.00**

Yogurt / Yogo **\$2.00**

Fresh fruit salad **\$3.50**

Cheese & Biscuits **\$2.50**

Jelly Cup **\$1.00**



WEEKLY LUNCHEON MENU

(Sorry - no variations to meals)

Avoid queues & time by ordering on-line

Year 7-12 can order their lunch in the morning for pick up at lunchtime.



Monday

Chicken Teriyaki Noodle Stir Fry	\$6.20
Meat / Veg Arancini	\$5.00

Salad Box

Includes fork, bread & dressing.

Gourmet Lettuce, Tomato, Carrot and Cucumber	\$4.70
Add - Chicken / Ham / Tuna or Egg extra for	\$1.60

Tuesday

Tortellini - Beef	\$6.20
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Pizza

Slice / Single	\$3.00
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Wednesday

Chilli Con Carne	\$6.20
Sushi - 8 piece	\$6.20
- 5 piece	\$4.80

Pastry

(Not available on Wednesday's)

Gluten Free Sausage roll	\$4.30
Pies - 200g	\$3.80
Snack Pies - 120g	\$2.70
Sausage roll	\$3.30
Gluten Free Beef Pie	\$4.30

Thursday

Butter Chicken & Rice - Half	
Full	\$6.20



Burrito

Chicken or Vegetable	\$4.30
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Pasta / Easy meals

Chic Fried Rice / Honey Soy Chic / Satay Chic	
Lasagne/ Spaghetti bolognaise/ Macaroni	\$4.70
Hot Dogs with or without Tomato sauce	\$3.60

Friday

Potato Gnocchi & Napolitana Sauce	\$5.00
Hot Chicken & Mayo Roll	\$6.20

Burgers

Chicken / Fish / Beef / Vegetable	\$5.70
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(must include Salad)

Recess

Mini pie / Quiche	\$1.40	Chicken & cheese Rounds	\$2.40	Assorted Muffins	\$2.50
Hash Browns	\$1.40	Mini Chicken Wrap	\$2.50	Banana Bread	\$2.50
Yummie Drummies	\$1.40	Garlic Bread	\$1.40	Anzac cookies	\$1.80
Plain Cheesie Round	\$2.00	Snap chips	\$1.70	Pretzels	\$2.50

Sandwiches / Rolls (available every lunchtime)

	Sandwich	Roll
Vegemite	\$2.00	\$2.00
Salad (carrot/lettuce/tom/cucum)	\$3.50	\$4.00
Cheese & salad	\$4.30	\$4.50
Curried Egg / Egg mayo & lettuce	\$4.30	\$4.50
Chicken & salad	\$4.80	\$5.30
Tuna & salad	\$4.80	\$5.30
Ham & salad	\$4.50	\$4.80
Chicken, avo & mayo	\$5.30	\$5.70
Ham only	\$2.80	\$3.20
Cheese only	\$2.80	\$3.20
Chicken only	\$3.50	\$4.00
Egg & salad	\$4.50	\$4.30

Extra's - available for rolls, sandwiches & salads

Olives	\$1.00
Cheddar cheese (sliced or shredded)	\$1.00
Avocado	\$1.20
Feta Cheese	\$1.20
Sundried tomato	\$1.20
Beetroot	\$1.20
Egg	\$1.50
Roast Chicken meat	\$1.60
Tuna / Leg ham	\$1.60

Tomato sauce / butter portion \$0.40

All sandwiches & rolls are made without butter unless requested.

Lebanese Wraps

Half Lebanese are only as below	Half	Whole
Ham & Salad	\$3.20	\$5.80
Cheese & Salad	\$2.80	\$5.30
Chicken & Salad	\$3.20	\$5.80
Chicken, avo & mayo	\$3.20	\$5.80

