

Timetable

<u>Time</u>	<u>Event</u>	
9.30 am	Team Managers Meeting	
9.50 am	Prayer & Acknowledgement of Country	
10.00 am	Junior Competitors (8,9,10 Years) walk the course	2km
	Senior Competitors (11,12,13 Years) walk the course	3km
10.45 am	8/9 Year Girls	2km
11.00 am	8/9 Year Boys	2km
11.15 am	10 Year Girls	2km
11.30 am	10 Year Boys	2km
11.45 am	11 Year Girls	3km
12.00 pm	11 Year Boys	3km
12.15 pm	12/13 Year Girls	3km
12.30 pm	12/13 Year Boys	3km
1.00 pm	Lunch	
1.30 pm	Presentation	

***Competitors whose birthday occurs during the current year is eligible for that age event only.
No competitor shall enter in two age events.***

Events: 2 kilometres: 8/9 years & 10 years and 3 kilometres: 11 years, 12/13 years.

Small Schools' Winning Team:

Scoring for Team/School winners in each age group is acquired using this process;

- Recorders add all scores for each runner for each small school (under 100)
- Recorders then divide this total by the number of runners who completed the course for that School.
- The lowest result wins.

NSWCPS Cross Country Championships:

Students placed in the top 6 of each age group will be selected to compete for the Armidale Diocese at the NSWCPS Cross Country Championships in Sydney. All students selected will receive a selection note upon completion of the carnival.

Rules & Guidelines:

The Cross Country event is run in accordance with CSNSW Sport Cross Country rules, which adhere to the [NSWPSSA Handbook - Cross Country](#) and the [NSW Department of Education Sport Safety Guidelines - Cross Country](#).