



To the parents of Grade 4 students in 2019,

Welcome back to the Stephanie Alexander Kitchen Garden Program!

Over the next year, your child will add to the skills they have already learnt in the kitchen and garden in 2018. Our mission is for each student to leave the program with the confidence and knowledge to explore new foods and cook new meals at home. We endeavour to inspire your children to garden and grow their own food, and educate others about how food is grown. We want to broaden their palates and prepare them for a lifetime of growing, harvesting, preparing and sharing delicious food.

This program is a vital asset to our school community and encompasses all aspects of the curriculum; from maths and English, to the sciences. It builds stronger social bonds between students and encourages team work, responsibility and patience.

Kitchen and Garden classes both rely heavily on volunteers for their success. Each class requires 5 volunteers, with the volunteer leading a small group of 4-5 children. We understand that not everyone has a green thumb or is a confident cook, but that's okay! Our Kitchen and Garden specialists will guide you through the activity or recipe, which the children will do, your role is predominantly supervision.

We would love to have you on board in 2019, and if someone from each household could volunteer once per term for kitchen and once per term for garden we would be close to having enough volunteers for the year.

Of course if you're available to volunteer weekly or fortnightly that would also be a great help.

Grandparents and other family members or friends are most welcome to become volunteers of the program. All volunteers require a Working with Children Check. Applications for these are free, valid for 5 years and available online at www.workingwithchildren.vic.gov.au

If you would like to receive more information about Kitchen and Garden classes in 2019 once the timetable is finalised, please fill in the form below and return it to your classroom teacher. We will also be organising volunteer induction sessions for both kitchen and garden in the first 2 weeks of Term 1, 2019. These sessions are optional and will provide an overview of what is required of volunteers, provide an opportunity for you to meet other volunteers and help to make volunteering less daunting.

We look forward to meeting you soon.

Angel Munro (Kitchen Specialist) and Bree Townsend (Garden Specialist)

Friends of the Kitchen Garden

Class: Student: Volunteer:

Phone: Email:

- ☐ Yes, I would like more information regarding KITCHEN classes
- ☐ Yes, I would like more information regarding GARDEN classes
- ☐ Yes, I would like more information regarding volunteer induction sessions

- ☐ Unfortunately, I am unavailable/not interested in volunteering
- ☐ Unsure of my availability in 2019