



TRAUMA-RESPONSIVE PARENTING PARENTS BUILDING SOLUTIONS

THIS IS A PROGRAM FOR PARENTS WHO HAVE EXPERIENCED FAMILY VIOLENCE

Would it be helpful to explore strategies to respond in a trauma-informed way to your child(ren)'s challenging behaviours?

Would you like to:

- Re-establish trust in your family?
- Improve your relationship with your children?
- Improve communication in your family?
- Explore strategies for responding to big feelings?
- Help your children understand rules and establish boundaries?
- Explore strategies to respond to other parenting challenges?

The program will be co-designed with participating parents, based upon your parenting goals and challenges.

The program is open to parents of all genders who have experienced family violence.

It is appropriate for parents who have been unable to access Parentzone's Beyond the Violence program.

DID YOU KNOW: You can take time off work to attend under the new Family Violence leave entitlements?

DATE:	Thursdays, 10th August to 14th September (inclusive)
TIME:	12.00 p.m. - 2.00 p.m.
WHERE:	Pakenham location Address will be provided on registration
COST:	FREE!

For more information, and to register, contact:

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PARENTZONE