

Buon Appetito by Luisa
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SANDWICHES & ROLLS

	<u>Sandwich</u>	<u>Roll</u>		<u>Sandwich</u>	<u>Roll</u>
Cheese	2.50	3.30	Ham, Cheese & Tomato	3.80	4.60
Cheese & Tomato	3.30	4.10	Ham, Cheese & Salad (carrot, cucumber, mixed lettuce & tomato)	4.70	5.50
Ham & Cheese	3.40	4.20	Tuna, Tomato & Lettuce	4.40	5.20
Ham, Cheese & Lettuce	3.70	4.50	Vegemite & Cheese	2.80	3.60



Choose from White or Wholemeal Bakery Sandwich Bread (Vegan Friendly Bread) **Toasted Sandwiches add extra 30c**
Gluten Free Sandwich Bread add \$1.00

SALAD BOWLS

Chicken Schnitzel Salad (Premium Chicken with Baby Spinach, Carrot, Cucumber, Mixed Lettuce & Tomato)	5.50
Tuna Salad (John West Tuna with Baby Spinach, Carrot, Cucumber, Mixed Lettuce & Tomato) Gluten Free	5.50
Chicken Gluten Strips Salad (Ingham Chicken with Baby Spinach, Carrot, Cucumber, Mixed Lettuce & Tomato) Gluten Free	6.20



Dressings Available: Italian, French, Caesar, Balsamic, Mayo, Gluten Free Mayo

Incl.

BURGER & ROLLS

Chicken Schnitzel Roll (Premium Chicken with Mixed Lettuce & Mayo)	4.90
Chicken Schnitzel Salad Roll (Premium Chicken with Baby Spinach, Carrot, Cucumber, Mixed Lettuce & Tomato)	5.90
Chicken Gluten Free Strip Burger (Ingham Chicken with Mixed Lettuce & Gluten Free Mayo) Gluten Free	6.00
Dons Hot Dog (Fresh bakery bread)	3.00
Fish Fillet Roll (Birds Eye Fish with Mixed Lettuce & Mayo)	4.80



HOT FOOD

Bakery Pies & Sausage Rolls

Meat Pie - Mini	1.60
Meat Pie Large - Plain	4.00
Sausage Roll Jumbo	3.80
Sausage Roll - Mini	1.40

Pizza

Margarita	3.00
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Meal Warmers

Bakery Buttered Roll (cold or warm)	1.50
Mamee Chef Noodles (Chicken or Beef)	2.50
Salsa Nachos (Tomato, Mild Salsa & Cheese)	4.50



Pasta

Macaroni Cheese	4.20
Macaroni Cheese (Gluten Free)	5.60
Spaghetti Bolognese	4.20
Traditional Lasagna	4.50



Rice

Butter Chicken Rice (Gluten Free)	5.60
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Warm Snack Bites

Chicken Breast Ingham Nuggets (4 pack)	3.00
Garlic Bread (2 pieces)	1.00
Mini Springs Rolls (4 pack)	1.50

Tomato Sauce 0.20

Soy Sauce 0.20

SNACKS *packed with lunch orders*

Freshly Made		Quick Bites	
Banana Bread	2.00	Mamme Noodles - Chicken	1.00
Choc Chip Cookie	1.00	Messy Monkeys Burger/Pizza	0.80
Hedgehog Slice	1.00	Pop Corn	1.00
Vanilla Cake	1.50		



DRINKS

Plain Water (Mount Franklin) *	1.00	Big M (250ml)	
Fruit Juices 100%		Chocolate *	2.00
Apple *	1.80	Strawberry *	2.00
Apple & Blackcurrant *	1.80		
Orange *	1.80		
Ribena Blackcurrant (Rich in Vitamin C)	1.80		



* 4 - 5 Star Rating

IMPORTANT INFORMATION

Canteen Trading Hours

Canteen Day operating: Thursday 9am to 11.30am

Ordering

We encourage students to supply reusable lunch bags, alternatively please use the traditional brown lunch paper bags and clearly write student's Name, Grade and Meal required on the brown paper bag and if possible please enclose correct money. Thank you

Orders to be in no later than 9.00am

Please note if there is insufficient money in the lunch order, only essential items will be given.

When orders are written on an envelope 10c extra must be enclosed for a paper bag, thank you.

** Online Ordering Coming Soon **

Volunteering in our Canteen

We would greatly appreciate any parents, grandparents or carers to volunteer in assisting with preparing lunch orders. We also rely on volunteers to ensure our pricing remains affordable. Volunteering also enables you to meet other parents and see the range and quality of food available. Should you have any queries in relation to the volunteering, please contact me on my mobile 0412 091 777. A voluneeter sign up sheet has been created.

Supporting the local community *daily baked fresh bread & hot food *vegan friendly bread *snacks *fruit & vegetables

We will ensure to do our best in promoting the following:



Please check my facebook page [Buon Appetito By Luisa](#) for updates, weekly sales, special meal days, coming up events and more. Thank you!