

## Healthy, Interesting and Affordable Lunch Packs, Delivered to School

WHEELERS HILL - Term 2 - Monday, Wednesday, Thursday and Friday!

Order until 8:30am on the day!

2 Course Lunch Pack from \$6.45

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack

Main Course Menu	2 Course	3 Course	Snack/Drink Menu	
BAKERY All items freshly baked this morning!	Lunch	Lunch	FRESH FRUIT & VEGETABLES	
Cheese and Vegemite Scroll (V)	\$6.45	\$8.95	Apple pieces, Lemon juice, Cinnamon & Brown Sugar	+\$1.00
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95	Cantaloupe and Honeydew Pieces	+\$1.00
Topped with Only Cheese Roll (v)	\$6.45	\$8.95	Fresh Fruit Combo	+\$1.00
Cheese and Bacon Roll	\$7.45	\$9.95	Freshly Chopped Orange Segments	Included
Scroll with Ham and Cheese	\$9.95	\$12.85	Freshly Chopped Strawberries with Grapes	Included
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65	Freshly Chopped Watermelon Pieces	Included
			Whole Fruit - Apple	Included
PIZZA, SAUSAGE ROLLS, GOZ & PASTIZZI SERVED AT RO	OOM TEMP!		Whole Fruit - Banana	Included
Ricotta & Spinach Pastizzi (2) (v)	\$7.45	\$9.95	Whole Fruit - Mandarin	Included
Margherita Pita Pizza (v)	\$8.95	\$11.45	Carrot, Cucumber, Red & Yellow Capsicum	Included
Sausage Roll with Sauce	\$8.95	\$11.45	Celery and Carrot Sticks with Sultanas	Included
Ham & Pineapple Pizza Slice	\$10.95	\$13.65	Cherry Tomatoes, Tasty Cheese & Rice Crackers	Included
BBQ Chicken Pizza (H)	\$10.95	\$13.65	Corn Wheels & Lightly Steamed Broccoli	Included
Lamb and Beef Gozleme (H)	\$13.45	\$15.45	Edamame (Lightly Salted)	Included
Mushroom and Spinach Gozleme (Vg)	\$13.45	\$15.45	Sugar Snap Peas, Beans and Cherry Tomatoes	+\$1.00
Spinach and Cheese Gozleme (V)	\$13.45	\$15.45		
			BAKERY - SWEET	
SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided			Choc Chip Cookie	Included
Teriyaki Chicken Hand Rolls (H)	\$11.50	\$13.75	Finger Bun with Sprinkles	Included
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75	Lamington	Included
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75	"Not Cross" Bun	Included
Avocado Hand Rolls (GF, Vg)	\$11.50	\$13.75	Cinnamon Doughnut	Included
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75	Cornflake Cookie	Included
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75	Choc Cup Cake (GF/DF)	+\$1.00
Tofu Hand Rolls (GE, V)	\$11.50	\$13.75	Blueberry Muffin	+\$1.00
	******	******	Jam Drop Biscuit (GF)	+\$1.00
RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)			Banana Slice (GF)	+\$1.00
Chicken Rice Paper Rolls (GF, H)	\$13.45	\$15.45		ψσσ
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$15.45	SUSHI	
	*	4.57.15	1pc Tuna Sushi (GF)	+\$1.00
SANDWICHES / ROLLS / WRAPS / SOFT SHELL TACOS				ψσσ
Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$9.95	POPCORN	
Vegemite Sandwich (2) (Vg)	\$8.95	\$11.45	Slightly Sweet, Lightly Salted	Included
Soft Shell Chicken Taco w Salsa, Cheese & Salad (2)	\$9.95	\$12.85	Lightly Salted	Included
Plain Cheese Sandwich (2) (/)	\$9.95	\$12.85	Lightly Salted	iriciadea
Cheese and Salad Roll (V)	\$10.95	\$13.65	DRIED FRUIT / LEGUMES	
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65	Lime & Black Pepper Chickpeas	Included
Roast Chicken and Salad Roll (#)	\$11.50	\$13.75	Roasted Chickpeas	Included
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75 \$13.75	Balsamic & Sea Salt Fava Beans	
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50 \$11.50	\$13.75 \$13.75	Dried Fruit Medley with Yoghurt Sultanas	Included
Mild Salami and Salad Roll	\$11.50	\$13.75 \$13.75	Dried Fruit Mediey with Togridit Sultarias	+\$1.00
	\$11.50 \$12.75	\$13.75 \$14.95	DIPS WITH MINI RICE CAKES / CORN CHIPS	
Wrap w/Chicken, Tzatziki, Lettuce, Tomato & Cucumber (H)	Φ12./5	<b>Ф14.9</b> 5	Tzatziki Dip with Mini Rice Cakes	
SALADS / PICNIC BOXES / POKE BOWLS			· ·	+\$1.00
	\$11.50	¢17 7E	Spring Onion Dip with Mini Rice Cakes	+\$1.00
Fresh Fruit Salad - Main Course Size (GF, Vg)		\$13.75	Spicy Capsicum Dip with Mini Rice Cakes	+\$1.00
Ham Picnic Box (GF)	\$11.50	\$13.75	Avocado Dip with Mini Rice Cakes	+\$1.00
Vegetarian Picnic Box (GF, V)	\$11.50	\$13.75	Corn Chips with Salsa (GF)	+\$1.00
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95		
Poke Bowl with Teriyaki Chicken (H)	\$13.45	\$15.45	YOGHURTS / BOWLS	4
			Strawberry Yoghurt (Dairy Farmers)	+\$1.00
GF SANDWICHES & WRAPS			Classic Vanilla Yoghurt (Dairy Farmers)	+\$1.00
GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65	Chia Bowl with Banana, Coconut & Strawberries	+\$1.00
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65	Stewed Rhubarb and Apple with Custard	+\$1.00
GF Wrap - Ham and Salad	\$12.75	\$14.95	□ Y/3	海州 🕝
			DRINKS	Silver o
			Apple Juice (Nippy's) Included	ተንዚያ
			Orango Juico (Nippy's) Included	THE OWNER OF THE OWNER OWNER OF THE OWNER OW

GF = Gluten Free, DF= Dairy Free, H= Halal, V= Vegetarian, Vg= Vegan

Orange Juice (Nippy's)

Chocolate Milk (Nippy's)

Strawberry Milk (Nippy's)

Full Cream Milk

Included

Included

Included

Included

**ORDER NOW**