

RINGWOOD ENCOURAGEMENT MEET

Sunday 25th February 2024







Entry is open to all non-registered & registered swimmers.

50m metre long course pool.

Warm-up 1:00 pm - Start 2:00pm

Event	Age	Male Events	Female Events	Event	Age	Male Events	Female Events
200m Individual Medley	Open	1	2	50m Backstroke	8 / U	31	32
50m Butterfly	8/U	3	4	50m Backstroke	9	33	34
50m Butterfly	9	5	6	50m Backstroke	10	35	36
50m Butterfly	10	7	8	50m Backstroke	11	37	38
50m Butterfly	11	9	10	50m Backstroke	12	39	40
50m Butterfly	12	11	12	50m Backstroke	13 / O	41	42
50m Butterfly	13 / O	13	14	100m Butterfly	Open	43	44
100 Backstroke	Open	15	16	50m Breaststroke	8 / U	45	46
50m Freestyle	8 / U	17	18	50m Breaststroke	9	47	48
50m Freestyle	9	19	20	50m Breaststroke 10		49	50
50m Freestyle	10	21	22	50m Breaststroke	11	51	52
50m Freestyle	11	23	24	50m Breaststroke	12	53	54
50m Freestyle	12	25	26	50m Breaststroke	13 / O	55	56
50m Freestyle	13 / O	27	28	100m Freestyle Open 57		57	58
100m Breaststroke	Open	29	30	Club Relay 4 x 50m Freestyle			59

Name:		Age: DOB: (dd/mm/yy)				
Club/Scho	ool:	Male/Female (Please circle)				
Phone: Email:						
Event #	Stroke & Distance	Entry Time	Event #	Stroke & Distance		Entry Time

Number of individual events _____ @ \$10.00 per event = \$_____

Non-registered swimmers - Payment via trybooking https://www.trybooking.com/CONUA Please send completed entry form and-trybooking receipt to

Conditions of Entry

1. Please note this is **NOT** an official qualifying meet as rule infractions will not be strictly enforced by officials. As this is an encouragement meet, times will not be official and will not be uploaded into Swim Central.

SWIMMING

- Entry is open to all registered and non-registered swimmers. Age is as of Sunday 25th February 2024
- 3. Any swimmer that has made finals in Age State Championships, Long & Short Course Championships, Sprint Championships or All Juniors **ARE NOT** permitted to enter in the stroke that they made finals in for the last 12 months.
- 4. Swimming Victoria's 11/under swimsuit rule will **NOT** be enforced at this meet.
- 5. Participation ribbons for all 10/U swimmers.
- 6. Medals awarded to the first 3 place getters in each age event. Open event medals will be awarded for 10/U, 11/12, and 13/O age groups.
- 7. Multi-class athletes are encouraged to enter standard events.
- 8. Cost for each event is \$10.00
- 9. Club relay event is free entry and organized on the day. No medals will be awarded for this event. Anyone without a full team can still participate by joining in with another team. Just ask anyone wearing a Ringwood club shirt on the day.
- Online entries via Swim Central preferred for Swimming Victoria registered swimmers.
 Non-registered swimmers can complete the attached entry form and pay via trybooking https://www.trybooking.com/CONUA
- 11. Please send entry form and trybooking receipt to comps@ringwoodswimmingclub.org.au
- 12. Entries close Monday 19th February 2024 or earlier if maximum limits are reached. No late entries will be accepted and no refunds will be provided.
- 13. Meet program and timeline will be available to download from the club website ringwood.swimmingclub.org.au. Programs will not be available on the day.
- 14. Swimmers and spectators will have access to the grandstand seating area.
- 15. Spectators are **NOT** allowed on pool deck, except when they are rostered for time keeping.
- 16. Ringwood Swimming Club reserves the right to cancel or alter events according to entries.
- 17. Enquiries to: RSC Competitions Officer

comps@ringwoodswimmingclub.org.au