



Camp Australia Brookside P9 College, Caroline Springs OSHC – August Newsletter

Dear Brookside Families

At Brookside, our commitment to creating a nurturing and engaging environment for your children continues to be our top priority. We are excited to share some updates about how we are enhancing our group time activities to better support and engage our children.

Enhancing Engagement Through Day-to-Day Activities

This term, we have introduced several new strategies to make our group time more interactive and enjoyable. Our goal is to foster a supportive atmosphere where every child feels welcomed and excited about their day. Here's how we are making our group time more engaging:

- **Day-to-Day Activity Discussions:** We're incorporating discussions about daily activities to help children understand what to expect and actively participate in planning their day. This approach not only makes transitions smoother but also empowers children by involving them in decisions about their activities.
- **Expected Safe Behaviour:** Teaching and reinforcing expected behaviours is crucial for creating a safe and respectful environment. We are focusing on clear, consistent communication about safe behaviours and incorporating role-playing and interactive scenarios to help children practice these behaviours in a fun and supportive way.
- **Safety Plan:** Safety is always our top priority. We have developed a comprehensive safety plan that includes regular drills, bathroom using plan, clear guidelines, and accessible resources to ensure that children understand and follow safety procedures effectively.

Introducing Check-In Zones

To support a smoother transition from school to our Out of School Hours Care (OSHC) program, we have introduced "Check-In Zones." These zones are designed to help children settle in comfortably and reduce any stress associated with transitioning to our care. We have set up three major zones to cater to different needs:

• **Me Zone/Space:** This area is a personal space where children can take a moment to relax and adjust after their school day. It's designed to be a calming environment where they can have some quiet time or engage in solitary activities if they need to unwind.









- Sensory and Quiet Activity Zone/Space: For children who benefit from sensory input or prefer quiet activities, this zone offers a variety of sensory tools and activities that promote relaxation and focus. It's a peaceful space where children can engage in gentle, calming activities tailored to their individual needs.
- Walking Zone/Space: Recognizing that some children may need to move around to help transition from school to OSHC, the Walking Zone provides a space where they can engage in light physical activity. This zone encourages movement and helps children release any pent-up energy in a safe and controlled environment.

By creating these zones, we aim to make the transition from school to our program as smooth and stress-free as possible. Each zone is thoughtfully designed to meet different needs and preferences, ensuring that every child can find a space where they feel comfortable and ready to engage in their after-school activities.

We believe these updates will greatly enhance the overall experience for your children and we are excited to see the positive impact on their daily routines.

Big Art Week

Big Art was created to inspire, engage and encourage children to express their thoughts and feelings through a creative outlet. This term we're celebrating 30 years of OSHC at Camp Australia with the Big Art Comp from 26^{th} July -23^{rd} August. Our expert panel will select 30 winners to win a custom hoodie with their artwork printed on it, and 30 runners up to receive a \$50 art voucher. Follow the following simple steps to enter your child in Big Art Competition:

- Download the entry sheet from our website (<u>Big Art Competition Camp Australia</u>) or pick one up from your OSHC service.
- Get an extra entry every time you attend Big Art Friday.
- Unleash your child's creativity.
- Read the Big Art Comp Terms and Conditions.
- Submit your child's entry!

What's Coming Up?

In the upcoming weeks, our programming will revolve around three engaging themes: Father's Day, Let's Get Cooking, and Gross Motor Skills. These themes will introduce a variety of activities







for children to explore, such as making Bliss Balls, Mini Pizzas, Rice Bubble Muesli Bars, 30 Years Frozen Yogurt, Yarn Art Decoration, and Olympics Origami Bracelets, among others. These themes were carefully chosen based on our Pulse campaigns, daily observations of children's interests, and recent child profile mapping by our educators. We will continue to utilize our CA Way Cycle of planning to ensure that our program aligns with the My Time, Our Place – School Age Care Framework Outcomes, incorporating further profile mapping and observations in the weeks ahead.

Friendly Reminders:

Children Enrolments: Kindly update your child enrolment form with required important information (Phone numbers, address, authorised contact details, medical information etc.).

For any queries, kindly reach out at 0434422302 or email us at campaustralia.com.au

Regards Garima Arora Service Leader

Photo Gallery































