

St John Vianney's House Fun Run

Friday 27 April, 2018

Schedule of Times (approximate)

| 10:00 | Parent helpers' briefing Assemble in house areas, on oval (assembly area if raining) for | | | |
|--|---|----------|--|--|
| 10:10 | Welcome and instructions | | | |
| 10:20 | Year 5 boys | 3km race | | |
| 10:25 | Year 5 girls | 3km race | | |
| 10:45 | Year 6 boys | 3km race | | |
| 10:50 | Year 6 girls | 3km race | | |
| 11:40 | Years 3 & 4 assemble for races | | | |
| (other classes invited to watch, but not compulsory) | | | | |
| 11:45 | Year 4 boys | 2km race | | |
| 11:50 | Year 4 girls | 2km race | | |
| 12:10 | Year 3 boys | 2km race | | |
| 12:15 | Year 3 girls | 2km race | | |
| 12:35 | Pack up course and collate house points | | | |
| 12:45 | Announce Winning House | | | |
| | | | | |

Return to class or enjoy lunch on the oval

Reminders for students

- Follow the cones to the left of you and the directions of teachers/parents along the course.
- Jog at a steady pace for 3 (Year 5/6) or 2 laps (Year 3/4) and accelerate towards the finish line.
- At the end of the race line up in order of finishing so that names and points can be recorded.
- Only sip on water prior to the race (to avoid stitches) and drink more water AFTER the race to rehydrate.
- Have some fun!

Awarding Points

| 1 st | 10 | 6 th | 5 |
|-----------------|----|------------------------|---|
| 2 nd | 9 | 7 th | 4 |
| 3 rd | 8 | 8 th | 3 |
| 4 th | 7 | 9 th | 2 |
| 5 th | 6 | 10 th | 1 |

Teacher & Parent Roles

| JOB | PERSON IN CHARGE | DUTY DESCRIPTION |
|------------------------------------|--|---|
| Official | Kristina Khoo | Oversee the running of the event. Marshalling announcements. |
| Finish Line Judges | Tony Nguyen (Boys) Nick Hoare (5/6 GIrls) Rebecca Chan (3/4 Girls) | Hand each student a place card (only 2 per group if no split timers). |
| Finish Line Recorders | Beth Lacey (5/6 Boys) Liz Jackson (5/6 Girls) Sarah Rak (3/4 Boys) Beth Lacey (3/4 Girls) | Write 1st - 15th place student names for boys or girls in each year group Record the times written by the time keepers Tick which house they are in |
| Ribbon Giver | Michael Nguy (Chad) Liz Oliver (Joshua) | Collect place cards to return to judges and hand out ribbons |
| Time keepers | Maryanne Denning Maria Kotsiras (Alexia) Vanessa Coakes (Luca & Mia) Yvonne Battaglia (Brandon & Tyler) & 5HK CRT 11:40am-1pm | Start the stopwatch when the race begins and record the times for the first 15 places. Split timer stopwatches are available. |
| Starter & Recorder of Points | Ru Lameijn | Line up students at the start line and give them last minute tips (steady pace and breathing, etc). Start the race with: "On your marks, whistle blow." After starting the last race, please add up all the house points. |
| Course Supervisor | Archana Karri (Pravallika & Taneesha) Kim Nguy (Chad) My Tran (Angela) Van Nguyen (Tahlia) Yvonne Battaglia 10-11am / Louis Dimitrakopoulos (Noah) 11:40am-1pm Sitar Saelee (Chloe) Anna Nahas (Oliver & Xavier) 5HK CRT 10-11am / Lisa Humphries (Annabelle) 11:40am-1pm Bel Ithier | Wear a high visibility vest, positively cheer for the students, direct them the right way and look after unwell or injured children. Let the course supervisor next to you know if you need to leave your spot to take an unwell student to their teacher. |
| House Supervisor | Rose Lewis & Ann-Maree Archer | Supervise house areas, sending students to toilets in pairs, repeating the marshalling announcements. |
| Photographer | Class Teachers Spectating | When students run past you, take some photos on your ipad |