

What's On: Term 2

All programs are delivered by our qualified and passionate facilitators.

New Program for Schools!

Tuning in to Students

An exciting new program and professional development opportunity for school staff, to build emotionally intelligent classrooms through 'Emotion Coaching'.

Based on the highly regarded University of Melbourne suite of Tuning in to Kids programs.

Flexible delivery options available to meet the needs of your school, contact us:

(03) 5338 1300 | parenting.bendigo@catholiccarevic.org.au



Multi-Session Programs

Tuning in to Kids | 6 Sessions, Tuesdays

Helping parents and carers build their skills to help their children develop emotional intelligence and recognise their emotions using 'emotion coaching'.

For parents and carers with children aged 2 - 12.

FREE | Tuesdays, 28 Apr - 2 Jun | 10.30am - 12.30pm

CCV - Bendigo, 176-178 McCrae St, Bendigo



Tuning in to Teens | 6 Sessions, Thursdays

This program helps parents and carers to build strong relationships with their teenagers, and ensure positive interactions even in difficult times.

For parents and carers with teens aged 11 - 18.

FREE | Thursdays, 30 Apr - 4 Jun | 10am - 12pm

Online



Single-Session Workshops

Kids and Worry

This free workshop explores reasons why children worry and ways parents and carers can support them. It will include ideas and practical tools to help parents and carers assist children to manage their worries.

For parents and carers with children aged 12 and under.

FREE

Wednesday, 13 May | 1.30pm - 3pm

Bendigo Library, 259 Hargreaves St, Bendigo



Connecting with Kids

Learn more about children's brain and their emotional development. This workshop helps parents and carers learn how to use emotional intelligence to understand and guide children's behaviour.

For parents and carers with children aged 12 and under.

FREE

Monday 15 June | 10am - 11.30am

Kangaroo Flat Library, 23 Lockwood Rd, Kangaroo Flat



Registrations are essential for all of our programs and workshops, places are limited.

Please call us if you have questions on 1800 123 228 or email bendigo.reception@catholiccarevic.org.au



Register:

www.catholiccarevic.org.au/workshops