



Too Much, Too Young

Navigating parenthood in a sexualised world

Have you noticed that your young person sometimes seems to be growing up too fast? Children today are often bombarded with hypersexualised messages, and these unhelpful narratives can distort young people's views of bodies, sexuality and relationships. In this session, presenters Melinda Tankard Reist and Daniel Principe will explore practical ways parents can help to protect young people from the impacts of toxic media, and support respectful relationships and healthy self-image.

Thursday 30 Sep
7.30pm - 9.00pm

Join us on Zoom

To register, visit:

[https://jcvtoomuchtooyoung.
eventbrite.com.au](https://jcvtoomuchtooyoung.eventbrite.com.au)

Melinda Tankard Reist is an author, speaker and media commentator. Daniel Principe is a media and health professional. They regularly present to young people, parents and schools across Australia on topics related to media, sexualisation, relationships and respect.