

# Athletics Day social story



On Tuesday 19<sup>th</sup> August, I will go  
to Clifton Hill athletics track  
for Athletics Day  
with the other students  
from Years 3, 4, 5 and 6.



I will take a bus to get there.



The bus will take around 15 minutes  
to get to Clifton Hill.



I will leave school  
just after the roll has been done.





When I arrive at the athletics track,  
an adult will show me where to sit  
and where the toilets are.



# What will I need to bring?



I will need to wear running shoes  
and comfortable clothes.





I will need to bring my recess, lunch  
and water bottle.



On Athletics Day,  
there are different events I can try.



I can also watch and cheer on other students when they take part.



School staff will make announcements  
to let everyone know  
when each event is starting.



Each event will have an adult helper wearing a 'high vis' vest.





Adult helpers will explain  
how to do each event.



# Here are some of the events:

Long jump or  
triple jump



Discus



Sprints and  
longer runs



Shot put



If it gets too loud or if I need a break,  
I can ask a teacher for help.



My teachers might give me a job to do on the day to help the day run smoothly.

Some helper examples are:



Cheering people on

Handing out ribbons



When I'm not helping or cheering,  
I can also bring my books to read  
and other quiet activities.





After I have eaten lunch,  
we will take the bus back to school.



Taking part in Athletics Day can feel good.  
There are different ways to join in  
on the day!

