

headspace Groups

headspace groups and services are open to anyone 12-25 years of age.
For more information about groups or to sign up, contact us on
5136 8300 or email us at info@headspacemorwell.org.au



Youth Reference Group (YRG) **Bi-Monthly - Wednesdays 3:30pm - 5pm**

- Volunteer and have your voice be heard to ensure our centre is meeting the needs of our local young people.
- Support headspace Morwell events, projects, and presentations.
- Develop valuable skills, such as confidence, communication, advocacy and leadership skills.



Create, Make and Relate **Fortnightly - Tuesday 4pm - 5:30pm**

- Meet and socialise with others who share your creative passions.
- Get education and practical skills around mental health, hygiene, healthy eating and drinking and sexual health.



Geek Club **Fortnightly - Wednesday 5pm - 6:30pm**

- Connect with young people who share your passion for video games, anime, manga, superheroes, TV, film and more.



Whatever **Monthly - Wednesday**

- Provides safe and inclusive LGBTQIA+ activities and events.
- Meet other local LGBTQIA+ young people and allies.