

Rugby League Academy

VUSC Talent Identification Day

The VUSC Rugby League Academy program provides students with specialised and individual support in skill development and strength and conditioning in order to perform at the elite level.

Students who are interested in enrolling into the VUSC Rugby League Academy at Year 7 in 2019 are invited to attend our Talent Identification Day:

Date: Friday 22nd June 2018

Time: 1pm – 3pm

Venue: VUSC Senior Campus

5a Jamieson St, St Albans

Participating students will be exposed to:

- A range of attacking and defensive skill drills, typical of sessions held during the year
- Small sided games
- Fitness testing with our Strength and Conditioning Coach
- Program overview

Students must bring training attire, runners, football boots and a water bottle. For more information and to RSVP, please contact Mr Tony Adam on 8312 0200 by Friday 15th June.



High Performance Coach – Tony Adam

- Australian Schoolboys Head Coach 2017 and 2018
- CAS Head Coach 2014, 2016
- Melbourne Storm Under 18's/Academy Head Coach 2013-2014
- Melbourne Storm NRL Development Coach 2009-2012



High Performance Coach – Wayne Adams

- QLD U/15's coach 2007-2014
- Easts Coaching Director 2016-2017
- Melbourne Storm Academy 2013-2015
- Australian U/15's selector 2016-2017



Strength and Conditioning Coach – Lee Maieron

- Bachelor of Exercise and Sport Science
- Graduate Diploma of Teaching
- Level 1 ASCA
- Level 1 Sports Trainer



GIO Cup

2017 Debut, 2018

GIO Trophy

CRL Runners Up 2016 GIO Trophy Semi Finalist 2015 Victorian Champions 2016, 2015 Victorian Runners Up 2014, 2013, 2012

> Melbourne Storm Cup Winners 2015, 2017 Runners Up 2016, 2014

U/16's Cooper Cronk Shield Winners 2016, 2015, 2014

U/14's Cameron Smith Shield Winners 2014, 2017 Runners Up 2016, 2015

Proudly sponsored by:



