



Have a health need but not sure how to find help?

Your local **Care Navigator** can help you find the right healthcare services to improve your health and wellbeing. **It's confidential, convenient, and free.**

Who can access our services?

The Care Navigation service is a free service that helps members of the Wee Waa community and those living in Wee Waa and Pilliga (2388), Burren Junction (2386), Rowena (2387), and Gwabegar (2356) with their health needs.

What can we assist you with?

Our Care Navigator can:

- Help you understand how the healthcare system works,
- Help you find the right health and medical services for your needs,
- Help you book in for medical and health appointments,
- Help you fill out forms for hospitals and other health services,
- Connect you with other support services, including transport, social supports, or preventative health programs that can help.

How to access the service:

You don't need to make an appointment.

You can visit the HealthWISE Care Navigator at Namoi Care Connect on Tuesday and Thursday mornings.

48 Cowper Street, Wee Waa

You'll know the Care Navigator is onsite when the sign is displayed out the front.

Alternatively, your local Care Navigator can be contacted Monday to Friday by phone or email:

T 0491 782 447

E weewaacarenavigator@healthwise.org.au