

Cairnlea Community Hub



Term 3 Programs - 13 July to 18 September 2026

Arts & Crafts

Crafty Cards

Cairnlea Community Hub

Wednesdays, 5 August & 2 September
(first Wednesday every month)

10.15am - 11.45am - \$10 (2 sessions)

Learn to make a different card each session.

All skill levels are welcome. Materials included.

<https://www.trybooking.com/DNEPF>

The Community Hub Library

Cairnlea Community Hub

Mondays, Wednesdays & Fridays –
during school term

9.15am – 12.45pm

Drop by to see the selection of books for all ages!

Take one, Share one!

Community Talks

Kinesiology and Brain Gym – Information Session

Cairnlea Community Hub

Monday 24 August

10.30-11.15am - No charge (1 session)

Join us to learn simple movement activities

that support memory, focus, balance and

overall wellbeing in a fun and engaging way.

Delivered by qualified Ana, Brain Gym Instructor

and Educational Kinesologist.

Health, Fitness and Wellbeing

Energise and Strengthen - NEW

Cairnlea Community Hub

Mondays, 10 August – 14 September

1pm - 1.45pm - \$54 (6 sessions)

A welcoming full-body circuit class designed to

help you move, feel stronger and build confidence

in a supportive environment.

<https://www.trybooking.com/DNESH>

Over 50's Gentle Exercise

Cairnlea Community Hub

Tuesdays, 21 July – 15 September

9am – 9.45am - \$81 (9 sessions)

<https://www.trybooking.com/DNEPL>

OR

Fridays, 24 July – 18 September

9.15am – 10am - \$81 (9 sessions)

<https://www.trybooking.com/DNEPO>

Low-impact exercise class to improve your fitness.

Walking - Fast Walker

Cairnlea Community Hub

Mondays, Tuesdays & Wednesdays

13 July – 16 September

9.30am - 10.15am - No charge (10 weeks)

Join our Heart Foundation registered walking

groups to improve your fitness, have a chat and

meet new people.

<https://www.trybooking.com/DNEPQ>

Walking – Walk & Talk

Cairnlea Community Hub

Mondays, Tuesdays & Wednesdays

13 July – 16 September

9.30am - 10.15am - No charge (10 weeks)

Walk, have a chat and meet new people.

<https://www.trybooking.com/DNEPS>

Mums & Bubs Mat Pilates - NEW

Cairnlea Community Hub

Wednesdays, 12 August – 16 September,

1pm – 1.45pm - \$30 (6 sessions)

A gentle Pilates class designed for mums during

pregnancy and after birth. Focus on core strength,

pelvic floor, posture and safe movement while enjoying

time with your baby in a relaxed and supportive

environment. BYO Yoga mats and water bottles. Stay

afterwards for some relaxed social time, an opportunity

to chat and connect with other mums.

<https://www.trybooking.com/DNIXS>

Chair Yoga Wellness - NEW

Cairnlea Community Hub

Fridays, 7 August – 11 September

1pm – 1.45pm - \$30 (6 sessions)

A gentle seated yoga class that improves

flexibility, strength and relaxation with guided

meditation. Suitable for all fitness levels, it offers

safe stretching and mindful movement to help you

feel refreshed and relaxed. All levels welcome!

<https://www.trybooking.com/DNESS>

Cairnlea Community Hub



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Slow Flow Hatha Yoga |

Move • Breathe • Unwind

Cairnlea Community Hub

Saturdays, 18 July – 19 September

9.30am - 10.15am - \$90 (10 sessions)

A gentle, slow-paced yoga class combining easy postures, breathwork, and guided relaxation to support strength, mobility, and calm. Suitable for all skill levels - beginners warmly welcome.

BYO Yoga mat and block.

<https://www.trybooking.com/DNEPX>

Music

Community Sing-Along Group

Cairnlea Community Hub

Wednesdays, 22 & 29 July, 12 & 26 August, 9 September

11.15am - 12pm - No charge (5 sessions)

Meet people from your own community and showcase your beautiful voice in our fun sing-along group. All voices welcome, registrations required.

<https://www.trybooking.com/DNEQO>

Social Activities

Coffee Catch Up

Cairnlea Community Hub

Wednesdays, 22 & 29 July,

12, 19 & 26 August, 9 & 16 September

(Weekly, excluding 5 August & 2 September)

10.15am - 11am - No charge (7 sessions)

Enjoy a brewed coffee/tea and a chat to fellow community members.

<https://www.trybooking.com/DNEQS>

Youth

Danceability (12-25 years)

Cairnlea Community Hub

Mondays, 20 July – 14 September

6pm - 6.45pm - \$72 (9 sessions)

Express and enjoy yourself with fun dance.

All abilities welcome.

<https://www.trybooking.com/DMOWI>

Disability DanceSport

Cairnlea Community Hub

Tuesdays, 21 July – 15 September

10-11am - No charge (9 sessions)

Learn to dance solo and with partners, allowing students with limited mobility and balance to enjoy dancing! Build, strength, coordination, and social skills, let's dance together! In partnership with Reclink Australia.

<https://www.trybooking.com/DNERE>

Events – Youth Fest!

Hand Stitch Felt Owls Workshop (Ages 8-15)

Cairnlea Community Hub

Wednesday 23 September

10am - 12pm - \$5 (1 session)

Learn easy hand-stitching techniques as you create your very own adorable felt owl in a fun and supportive environment! Materials and snacks provided. <https://www.trybooking.com/DMOWM>

Bookings are essential for all programs.

To register, please visit

<https://learning.brimbank.vic.gov.au/venue/cairnlea-community-hub/cat.listevents/2025/08/20/->

Or scan QR Code & search for Cairnlea Community Hub



Contact

Cairnlea Community Hub

59 Carmody Drive, Cairnlea 3023

P 9249 4800 **E** cairnleacommunityhub@brimbank.vic.gov.au

Delahey Community Centre

70 Copperfield Drive, Delahey 3037

P 9249 4900 **E** delahaycc@brimbank.vic.gov.au

Office hours: Monday-Friday – 9am-4pm

Hunt Club Community and Arts Centre

775 Ballarat Road, Deer Park 3023

P 9249 4800 **E** huntclubarts@brimbank.vic.gov.au

Office hours: Monday-Friday – 9.30am-4.30pm

Keilor Community Hub

704B Old Calder Hwy, Keilor 3036

P 9249 4224 **E** keilorcp@brimbank.vic.gov.au

Customer Service office hours: Monday-Friday 8.45am-5pm

Sydenham Neighbourhood House

102/Level 1, 1 Station Street, Sydenham Community Hub, Taylors Lakes 3038

P 9249 4224 **E** sydnh@brimbank.vic.gov.au

Office hours: Monday-Thursday – 9am-6pm, Friday – 9am-5pm

West Sunshine Community Centre

25 Kermeen Street, West Sunshine 3020

P 9249 4555 **E** wsc@brimbank.vic.gov.au

Office hours: Monday-Friday – 9am-5.30pm

Westvale Community Centre

45 Kings Road, St Albans 3021

P 9249 4665 **E** westvale@brimbank.vic.gov.au

Office hours: Monday-Friday – 9am-5pm

Brimbank Learning Futures

80B Harvester Road, Visy Cares Hub Building, Sunshine 3020

P 9249 4116 **E** BLFVisyCaresHub@brimbank.vic.gov.au

Office hours: Monday-Friday – 9am-5pm
