



FOR PARENTS & CARERS OF CHILDREN WITH A DISABILITY (including ASD, ADD)

PARENT PEER SUPPORT GROUPS **STRENGTHENING PARENT SUPPORT PROGRAM**

Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers at one of our monthly peer support groups. Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment. You can come to one or as many groups as you like!

Groups are free of charge and bookings are required

For information on groups, individual support, or if you'd like an information session for your community group or organisation, contact on Michelle 0438 646 744

Details for all groups listed over page.



PARENTZONE



Glen Park
Community Centre



Health
and Human
Services

Groups meet monthly or fortnightly, except on public holidays or during school holidays. Term 4 2022

VERMONT

TIME & DAY:

10:00-11:00AM on the 1st Tuesday of every month during school terms

LOCATION:

St Lukes Anglican Church, crn Canterbury & Mitcham Rds. Vermont

DATES FOR

Term 4 2022

Oct 4th (November group postponed)

BAYSWATER

TIME & DAY:

10:30-11:30AM on the 2nd Wednesday of the month during school terms

LOCATION:

Glen Park Community Centre 30 Glen Park Rd, Bayswater Nth

DATES FOR

Term 4 2022

Oct 12th, Nov 9th & Dec 14th

ONLINE GROUP

TIME & DAY:

Fortnightly on Thursday mornings

LOCATION

10:30-11:30 via zoom

DATES FOR

Term 4 2022

Oct 6th & 20th, Nov 3rd & 17th, Dec 1st & 15th

LIVING WITH AUTISM

SUPPORT GROUP

TIME & DAY:

Fortnightly Tuesday Evenings 7-8pm

LOCATION

Zoom

DATES FOR

Term 4 2022

Oct 11th, & 25th, Nov 8th & 22nd, Dec 6th

LIVING WITH AUTISM

PARENTING PROGRAM

TIME & DAY

Weekly Thursday 10am - 12pm

LOCATION

Zoom

DATES FOR

Term 4 2022

November 20th - December 1st

A 6 week parenting program offering the opportunity to ask questions about the Autism spectrum and we will support you to consider different approaches/strategies to help with parenting.

Free of charge. Bookings are required.

Contact Michelle on 0438 646 744 or

StrengtheningParentSupport@anglicarevic.org.au



PARENTZONE