

I Belong 2018

Study Skills 101

RMIT's *I Belong* programs give students from our Schools Network Access Program (SNAP) partner schools the chance to explore our campuses and discover what life as a university student is all about.

We invite Year 11 and 12 students to visit RMIT's City campus and discover tools and strategies that will help with your studies.

What will the Study Skills seminar cover?

This workshop, held during the school holidays, is designed to help you develop strategies to approach your exams and assessments with confidence.

Key topics will include:

- how studying at university differs from high school
- procrastination: what it is and how to avoid it
- effective study techniques, including essay writing under exam conditions.

Presenters on the day will be:

- Belinda Bold, RMIT Study and Learning Centre
- Lyndon Medina, RMIT Counselling Services.

Further information about these topics, and other resources for successful study, can be found at RMIT's Learning Lab:

<http://emedia.rmit.edu.au/learninglab>

Event details

Thursday 12 April 2018
12 pm – 2.30 pm (registrations from 11.45 am)
RMIT City campus



How to register

- visit <https://rmitsnapevents.eventbrite.com.au>
- select the event/s you wish to register for
- click 'register' and provide your details.

You will receive an email confirmation immediately after registering.

**Need more
information?**

Equity and Diversity

RMIT University

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