

# TRUE THAT!

By the students, for the students!



## Year 10 Central Australia Camp

By Chloe Wells

For lots of the students in year 10, including myself, we have just returned from an amazing 9 day camp. It started with a 23 hour bus ride and ended with a plane ride home. We went to multiple places, including Coober Pedy, Alice Springs, Kings Canyon and Uluru.

There were so many highlights of the camp, the first one was taking a tour at Coober Pedy, where they are known for their opal mining and underground living. We took a tour of the town and then got to go into a opal mine and take a look at what it would be like to live underground. Next we got the chance to ride camels at a small camel farm. This was a bit of pit stop on the way to our next destination. We were only there for about an hour but it was lots of fun for those who

chose to do it. From there we continued on to our next destination, Alice Springs where we spent two jam packed days. First we went to an Aboriginal community where we had the chance to try bush tucker, throw boomerangs and purchase original Aboriginal paintings. In Alice springs we also visited The School Of The Air which is a school that is completely online and all of their students live in the remote areas of the outback and have no other way of getting to school. We also visited The Royal Flying Doctors Service, a service where doctors will deliver 24 hour health care for people who are too far away from civilisation and need the doctors to take them in a plane to a hospital. From Alice springs we made our way to Kings Canyon. First we went on a 3 hour walk on top of the Canyon and the Garden of

Eden where there was breathtaking 360 degree views.

Afterwards we had the chance to take a helicopter ride where we got a birds eye view of anything and everything, far and wide.

After Kings Canyon, we headed to our last stop, Uluru. First we went for a 8km walk around the base of the the rock, where we found original Aboriginal paintings in areas of the rock. We also visited a cultural centre where we learnt the history about Uluru and the Aboriginal people. On the last full day we did another walk in and around Kata Tjuta, also known as The Olgas.

As soon as we knew it, it was time to fly home. The Central Australia camp was an experience that some people don't even get the chance to do in their lifetime and if you ever have the chance, take it, you will never forget it.

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and we will do our best to make your suggestions a part of our newspaper!

## GUESS WHO?



This teacher has hazel coloured eyes and brown hair. This teacher teaches English, literature, and psychology. This teacher likes eating at fancy restaurants, sun baking and travelling around the world.

**Lunchtime Activities**  
**Tuesdays and Thursdays**  
**Room 39**

**Last week's guess the teacher was Ms Schroder**  
**Congratulations to**

**Shauntae W**  
**for guessing correctly. Please see Ms Addison in the Li-**  
**brary to collect your prize.**



# THE BALI NINE .....

The Bali Nine were about to bring 8kg of Heroin into Australia from Indonesia, when a tipoff from the Australian Federal Police notified the Indonesian authorities of the impending smuggle. This action would be questioned by the whole of the world, when the death penalty was swiftly brought down upon the two ringleaders of the nine, Andrew Chan and Myuran Sukumaran. The rifle squad would cause controversy all around the world, not just over whether the two should have received punishment like that, but about the death penalty in it's entirety. Despite several appeals for clemency by not only their own legal teams, but by personal letters from Julie Bishop, Tony Abbott and the well known governor of Jakarta, Basuki Tjahaja Purnama, known as Ahok, the two were executed on the 29th of April, 2015, on a prison island often described as the Alcatraz of Indonesia, called Nusakambangan. February 14th 2006 was the initial court ruling of a death sentence. The two spent 9 years on death row. Mike Phelan, the Chief Police Officer of the ACT, was the one who notified the Indonesian authorities of the Bali Nine. At the time, he had over 20 years of experience in the force and claimed that given the chance, he would have made the same decision again, knowing the outcome.

Chan and Sukumaran were different men, both reformed Christians and pursuing new lives. Sukumaran was very influential over the other prisoners, being assigned supervision of 20 other prisoners and teaching himself and others English, Philosophy and Computer Design classes, while Chan married his fiancée in his final days. They sang Amazing Grace before the 12 bullets hit.

Connor Millsom





# The Royal Baby

On May 2nd 2015 at 8:34am at Saint Mary's Hospital, Kate, the Duchess of Cambridge gave birth to a beautiful princess weighing 8lbs 3oz. She was born a week later than the expected date. The newly born princess is the first girl to be born into the British monarchy in twenty-five years. The baby's name is Charlotte Elizabeth Diana. She was named after her grandmother, grandfather and her great grandmother. "She will be known as Her Royal Highness Princess Charlotte of Cambridge." The Duke and Duchess of Cambridge stated when they announced their baby's name. Her Royal Highness Princess Charlotte of Cambridge is fourth in line for the throne.

\$1.5 million will be payed out after thousands of people betted on the name Charlotte. Most of the older people have respect for the Royals rather than younger people who don't really care. Younger people think that the Royals don't do anything for them because taxes go up, the price for petrol has increased and food prices have increased. Some people that don't live in England or aren't fully English don't really think much of them. They are normal people just like us besides the fact that everyone knows who they are, but they still have family issues. They still have things to do on a daily basis and they still have days where they do not feel the best.

By Kayte Lovegrove and Carralyssa Murray



# STUDENT WRITING

## A PLASTIC VERSION OF HUMANITY

What is one of the things the world strives for  
Is it kindness or fairness, is it love?  
Those qualities aren't in us anymore  
This is not something we should be proud of

Beauty has now overtaken our lives  
Holding us all like puppets on a string  
Drowning all of us in these make-up lies  
This, the product of societies sting

We're obsessed with our beauty and others  
Hiding who and what we have all become  
Our true self is what we try to smother  
Because that is what others tend to shun

Perfection is stretched to insanity  
A plastic version of humanity

By Aleah Geerling

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**for your chance to win a great prize!**



# STUDENT WRITING

Home is...

Home is not the walls that hold the roof above your head,  
Home is not always the place of which you lay in your bed.  
Home is not necessarily where the key fits in the door,  
But where you come to drop your guard when you don't need it anymore.

Home is not the street you sleep, but where you cease to be.  
Home is not from where you come, it's the way you choose to see.  
Home is not always the ground that's underneath your feet,  
Sometimes it's got two eyes, two arms, two ears and a heartbeat.

Home is what you build out of the love that's in your heart,  
Home is where your flowers grow; it's your own work of art.  
Home is when you feel the warm, comfort in the air,  
Home is that one special place, to nothing, it compares.

Home smells like some good home cooking and your mum's perfume,  
The smell waft's down the hallway to the photo plastered room.  
Home is where you spend those nights singing to the moon,  
Home sounds like your favourite song, or your favourite tune.

Home feels like the morning, summer sun upon your face,  
Home may feel somewhat timeless, like you're lost in space.  
Home, to me is made of out-of-body moments,  
Home is your body, your shell, where you're content.

People try to sell their homes, in the hope that they'll find more,  
Paint it, build it, and paint some more, you'll never hide your home, I'm sure.  
Plant seeds in your heart and let them grow,  
If you don't try you'll never know.

Home could be that perfect place in arms, just where you fit,  
Home may be a place, somewhere, you'd rather not admit.  
Just keep in mind that home is not a place of right or wrong,  
But it's a home for you, and you alone.  
It's a place where you belong.

By Georgia Cox-Minaham

# NEPALESE EARTHQUAKE

On the 25th of April, the people of Nepal suffered an unimaginable tragedy. An earthquake of magnitude 8.1 devastated this country and its people, with a death toll of approximately 7000 (as of May 4)—a figure that is expected to rise—with Nepal's neighbouring countries holding several fatalities as well. More than twice the aforementioned figure have been reported injured and eight million people are said to have been affected by this absolute disaster.

This has been the largest earthquake to have struck Nepal since the 1934 Nepal-Bihar earthquake, with a magnitude of 8.0. At this time, the area affected endured more than 10,000 casualties.

90% of Nepal's military have been deployed in rescue and recovery operations following the aftermath of this earthquake, managing to rescue a 101 year old Nepalese man from the rubble, having only suffered minor external injuries.

Unfortunately, Nepal's only international airport has ceased the landing of large relief aid aircraft, due to its only runway becoming damaged. Birendra Shrestha, the airport's manager has said: "The runway was built to handle only medium-sized jets and not the large military and cargo planes that have been arriving since the quake."

Best of luck to the Nepalese people in their recovery from these tragic times.

By Riley Quinliven





# THE TRUTH BEHIND BELLE GIBSON

Belle Gibson, author of "The Whole Pantry" app, blogger and alternative health advocate, with millions of fans worldwide convinced us all she was self-treating herself of multiple cancers through a healthy diet and alternative medicines. She also donated \$300,000 to charities with the money she raised from her app, a truly selfless act to perform, or is it?

Where the \$300,000 really went, was to her own bank account. She never donated any money to the causes she promised her fans she'd donate to. What was that about a selfless act?

Not only did Belle Gibson lie about donating the cash, she also falsified multiple illnesses, none of which ever existed. Belle Gibson never suffered from any cancer. Not only did this shock her fans, but her friends and family who had no idea the stories she was telling them and the media were fictional. She used the illness to help sell her books and apps, cloying to the stomach to believe this is all true, but it's all been confirmed, by Belle Gibson herself "No, none of its true" she confessed to the Women's Weekly magazine. "I don't want forgiveness. I just think [speaking out] was the responsible thing" she also said.

Belle Gibson has returned her rental car and will be moving out of her beachside home. Apple has also removed her app from the App Store.

Belle Gibson now claims to have Munchausen disorder, which is a syndrome where sufferers can convince themselves they have a legitimate illness.

"Factitious disorder is self driving and self perpetuating, maintained by the attention that people receive. Sufferers who use social media have a wider audience and therefore a greater propensity to receive the attention they are looking for by pretending to have the illness." Dr Byrne explained. Belle Gibson is now using this disorder as the reason behind why she lied to everyone about her illnesses.

Despite this disorder, in which she may or may not have, she still lied and deceived millions of people around the world.

By Megan Osmand

# Not All Farm Animals Are Happy Animals



Imagine being born into a world where by most, your kind is loved and cherished. However, you're one to be unfortunately trapped in a world full of greed, money and abuse. It seems horrible, doesn't it? How about this - as you take your first breaths, you're torn away from your mother, just to be taken into a cage where you spend your life waiting to be slaughtered. This is what many animals around the world have to go through during their lifetimes.

A litter of 6 pups are born into the world and taken off of their mother as soon as they can survive without her. Their mother, treated in a cruel matter, living in a dirty, unsafe environment with often no access to grass, sunlight or other friends. Many puppy farms house approximately 200-300 female dogs, with approximately 50 male dogs. Having such a small amount of males can result in the spreading of STDs, which may lead to other deformities in both the mother and puppy. These dogs are treated with minimal respect, living in their own waste and forced to breed over and over again for the benefit of the human. These animals are confined to a very small space, reducing their strength due to a lack of space to run around in. These dogs sleep on concrete floors or in tiny cages, to be given dirty water and food that doesn't meet their daily nutritional needs. Often abused, these dogs lose a lot of trust in humans. These "breeders" take the litters and sell them, often to pet shops where the puppies spend their days in a small, windowed box, waiting to be bought. For the next time you even consider buying an animal, adopt from a shelter and save a life.

There are other kinds of farms too - factory farms. These farms are where you get most of your meat and eggs from. But, just like puppy farms, these places are not peaceful like normal farms at all. Let's start with battery hens. At birth, they have their sensitive beaks cut clean off without any anaesthetic and then forced into a cage the size of an A4 piece of paper with up to 5 other hens. This is so they do not peck each other out of stress. They have no room to move and their feet eventually cripple from standing on wire for the few months of their shortened lives. They are forced to lay eggs right up until their deaths where nobody even realises a life has been lost.



It is a cruel fate to be brought into this world just to breed whilst dying a slow, painful death. Now, what about the pigs? Do you know where your bacon comes from? Once born, piglets are taken away from their mothers, the males going somewhere new to mature before going to the slaughterhouse. The females, however, are locked into a tiny sow stall, barely bigger than the size of a grown pig. They are not even able to turn around, let alone move. Here they are impregnated over and over again and forced to give birth just to have their piglets taken away to endure the same pain. Just like the chickens, nobody notices when a life is lost. It could even take months for the decaying bodies to be cleaned out of such places. According to the Make it Possible Foundation, close to 500 million animals suffer on these farms every year. Factory farms are torture, not only for the animals, but for the earth too. These horrid places produce a huge amount of pollution into our atmosphere. Why can't people see the damage they are causing, simply by wanting to save a few dollars to buy the cheap product, not the free range one?

With all these horrible facts, you might be wondering how you can help. Well, there are many different ways in which you can help. Donations of dry food, blankets and money are greatly appreciated by local shelters such as Coldstream Animal Aid as they always need a helping hand with caring for the animals. Volunteering in fundraisers and events is another great way to help out and spread awareness. Many people do not know the nasty side to buying an animal from a pet shop, so spread the word and adopt an animal needing some love from a shelter rather than supporting puppy farms. Signing petitions and donating to causes such as Edgar's Mission and Oscar's Law can also help benefit the animals in need. When buying items such as milk, eggs and meat, look for certification that the animals are treated well and are free range. Volunteering your time to shelters and events is always greatly appreciated. It is important that the awareness of cruelty in these farms is noticed. We are their voice, let's speak up for them.

With so much abuse and neglect going on in creatures' lives, it is not only important, but morally correct to speak up for these dear companions who don't have their own voices. If humans were subjected to this kind of violence, there would be outcry, so why is it that we aren't protecting such important little factors to this Earth? In the words of Edgar's Mission "If we could live happy and healthy lives without harming others... Why wouldn't we?"

By Ollie Hackett and Jeremey Clarke



# Debate

## Parole Should Be Abolished. FOR

Parole is the temporary or permanent release of a prisoner before the finishing of their sentence, due to good behaviour or because of 'rehabilitation'. How do we judge that someone has rehabilitated? Is the question I'd ask in a courtroom. Our justice system is too lenient on crimes and is handing out parole to too many prisoners. It's time to get rid of parole and enforce the correct sentences for their crimes. Two murderers had too many second chances and were given parole, that's what needs to be discussed.

Let's take the infamous killer of Jill Meagher; Adrian Bayley for example. He had a history of violent and sexual assault, yet was still allowed out on parole time and time again. He was even on parole when he raped and murdered an innocent young woman that has become an important example for feminist rights; Jill Meagher. With Bayley's gross sexual and violent history, who can say he should not have been put behind bars and deserved the right to be out on the streets under 'careful surveillance'?

Another example of parole needing to be abolished could be Brett Peter Cowan. The man we would all know best as the murderer of Daniel Morcombe. Another man who had an extensive and horrifying history of sexual assault. Another man that people would've excused his crimes for the possibility of a mental illness. Another man that should've been locked away instead of ever being let out on parole because he was always going to strike again and now two parents are deprived of their young son who they never got to see grow up into a man.

Parole may be necessary in some cases. Some people may have been rehabilitated, after all, we all change a little. However we are letting too many people slip through the system. If people are being watched, how can they still commit crimes? Because the fact is they aren't being watched closely enough. If we have those kind of people in jail for longer, they are being watched, closely. They're confined. Away from the pressures of society. Away from the temptations.

There would be so many people who would still be here or who wouldn't have mental and physical scars for life, had parole not have been invented. Enough is enough, give our modern day convicts the right sentence and parole will not ever be needed again.

By Goirgia Pettard



# Debate

## Parole Should Be Abolished. AGAINST

The idea of taking parole away from our system sounds ridiculous and stupid. Parole is good in many different ways, such as saving the government on taxes and money. Parole allows supervision of offenders and it often reduces the risk of them re offending as they know they are being watched. If an offender is refused release on parole, that person will complete the remaining period of their maximum imposed sentence and then be released, but without any form of supervision like others on parole. Parole is safer than being let out after completing their whole sentence in jail as they are let out into reality, always being watched rather than being let out of jail being able to do what they want again, taking control of their own actions. Getting out on parole is not as bad as some people think it is. It is not just getting out and back to their usual life. When they get out, they have a lot of rules to undertake and make sure they are doing the correct thing. They have guidelines such as not being able to commit another crime, can't possess illegal controlled substances, they must attend a treatment centre program! They must stay home outside working hours, and they must get permission before marrying, moving, changing jobs or out-of-state travel. Not only is parole more safe, but it is also a whole lot cheaper for the government to have an inmate in a red entail rehab facility working on his issues, trying to get well, than having him locked up in a correctional facility.

People just always suspect parole is a way of getting out to return to their crimes but it isn't. Not everyone can get out on parole, only convicts who have had good behaviour. Let them have a second chance and prove to society that they have been rehabilitated.

By Angel Paras

# YARN-WRAPPED PAINTED CANDLE JARS

## What you will need:

- Some jars of any sort.
- Arollofyarn.
- Candles, they can be dented or just normal.
- Spray paint, you can use any colours you want.
- Newspaper or plain white paper.



**Step 1: Give the jars a bit of a wash to get any stickers off them.**

**Step 2: Wrap the yarn around the jar tightly and tie a knot, but make sure you leave a bit of a gap from the bottom of the jar so when the candle melts you won't have to see the wax at the bottom. Now wrap the yarn around the rest of the jar tightly criss-crossing and overlapping until you like it. Then just tie the end to the leftover yarn where you started and cut off the ends.**



**Step 3: Once you have wrapped the yarn around the jar grab some newspaper, the spray paint and the jar and go outside and spray the jar until it is covered with the paint. Do about 2-3 coats of the spray paint.**

**Step 4: Once the jar is dry carefully cut off a bit of the yarn and start to unwrap it. You can then put one of your candles inside the jar and light it.**



**By Ange Pancrazio.**



# Riddles

**What has one eye but cannot see?**

**Email your answer to:**

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## Last Edition's Riddles

**I'm short when i'm old and tall when i'm young, what am I?**

**Congratulations to:**

**Lachlan Pickett 9.13**

**for correctly guessing these riddles. Please see Ms Addison in the library for a prize.**

## This edition's poll

**Would you rather  
chocolate or  
icecream?**

**Email your answer to**

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# Editor's Note

Hello, and welcome to issue 6 of True That! In this weeks edition we have many exciting articles including the year 10 camp, the Bali 9, the royal baby, and many other recent events. We also have a debate on whether we should have parole, the guess who and an exciting DIY about how to make your own wax candle jars.

-Jordan Roycroft

## Sources

Source: News Corp Australia

Source: Getty Images

Source: GETTY IMAGES

<http://www.firstpost.com/world/nepal-earthquake-more-than-300000-houses-damaged-says-un-report-2224632.html>

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