

## Bright Sparks Holiday Program

Bright Sparks is a creative arts program designed to help children learn about themselves and their relationships with others, promoting confidence, resilience and general wellbeing.

Children have the opportunity to develop creative projects that involve a variety of materials such as; painting, drawing, clay, as well as natural and recycled materials.

They also participate in group games and collaborate on large scale artworks, as they learn about teamwork and develop leadership skills. Sessions are facilitated by a Creative Arts Therapist and are beneficial for all children from Prep to Grade 3.

Individual Art Therapy sessions are also available.

10.30am - 2.30pm on October 2, 3 and 4 \$170 / \$150 (concession) for a 3 day course or \$65 per session Jika Jika Community Centre, Northcote

Bookings essential by Friday, September 28. Contact Naomi on 0421 914 220 or email: naomi@brightsparks.id.au

Naomi Williams (M. A. Arts Therapy) is a Creative Arts Therapist with 13 years experience facilitating creative workshops, resilience programs and individual art therapy sessions for children and adults.