



behaviour[®]
tonics presents

Engaging Adolescents[®]

Parenting skills for resolving teenage behaviour problems

Held over 2 sessions

Wed 14th & 21st June 2017

6.45 to 9.30pm, \$150pp OR \$270 for 2.

Venue: Behaviour Tonics, 352D Cambridge St, Wembley (entrance off Simper St)

Learn:

- Understanding adolescence: a time of reconstructions, redeveloping social landscapes, brainsnaps and body make-overs.
- Understanding your job as parent/carer of a teenager - observer, advisor, negotiator, director.
- A three-option model for decision making...a 'drop down' menu for parents
- Working out how NOT to respond in tricky emotional encounters
- Building your relationship with your teenager
- How to hold difficult conversations more successfully when discussing issues such as internet overuse, sibling conflict, disrespect, truancy, going out, school work, helping out, choice of peers... and much more.

LOTS OF TIME FOR QUESTIONS



www.behaviourtonics.com.au PH (08) 9382 1182