



Government of **Western Australia**
Child and Adolescent Health Service



FREE PARENTING SEMINARS

You are invited to attend the Triple P Seminar Series. You will learn practical, positive and effective ways to deal with common behavioural problems and ways to help your child achieve their best at school and in the future.

Parents are encouraged to attend all 3 seminars:

1. *Children's behaviour - the tough part of parenting*
2. *Raising Confident Children*
3. *Raising Emotionally Resilient Children*

The next **FREE** 3 week Series is held:

When: Starting Thu 6 Aug 2020
Location: Yangebup Family Centre
RSVP: Bookings are essential and places are limited.



Please visit healthywa.wa.gov.au/parentgroups to book your place.

To find other available programs visit our website www.healthywa.wa.gov.au/parentgroups

Coronavirus
update

To help us all stay healthy, please remember:

- Practise physical distancing.
- Do not attend if you are feeling unwell or need to self-isolate.

If you need to cancel your booking, contact the **Child Health Booking System** on **1300 749 869** (metro only).