



Advanced Psychology

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Booking Procedures Onsite Counselling; Parent/Caregiver Information

Step 1: Contact us via phone, email, or the online contact form available on the Advanced Psychology website. **State clearly** that you are seeking onsite counselling for your child at *St Michael's Parish School (Ashburton)*. Our friendly admin will ask you to provide basic information about you and your child, such as contact information and main reason for seeking our services. An electronic consent form will be sent out, which specifies terms and conditions of our services, such as confidentiality, payment and cancellation policies. This needs to be signed prior to the initial appointment.

Step 2: A 50-minute online **parent/caregiver Telehealth consultation** will be scheduled with your child's psychologist. By the end of this session you will get clear recommendations on how to proceed and will have a good idea about what to expect from the counselling sessions that your child will attend. As you are the expert of your child, its essential that we work together!

Step 3: Your child will attend the scheduled sessions at the school with the psychologist. Those sessions will continuously be reviewed to make sure that the child is benefiting from them and that you can see progress.

Some benefits of onsite counselling:

- Little disruption to school attendance and no travel needed for the parent or child
- Service is provided by a registered mental health clinician with experience in working with young people.

Fees:

Onsite counselling at school (with a provisional psychologist): \$115 per 50-minute

Counselling at Advanced Psychology office/Telehealth (with a provisional psychologist): \$150

Assessments (such as Cognitive, Educational, Dyslexia/Dysgraphia, ADHD, Autism): inquire with admin