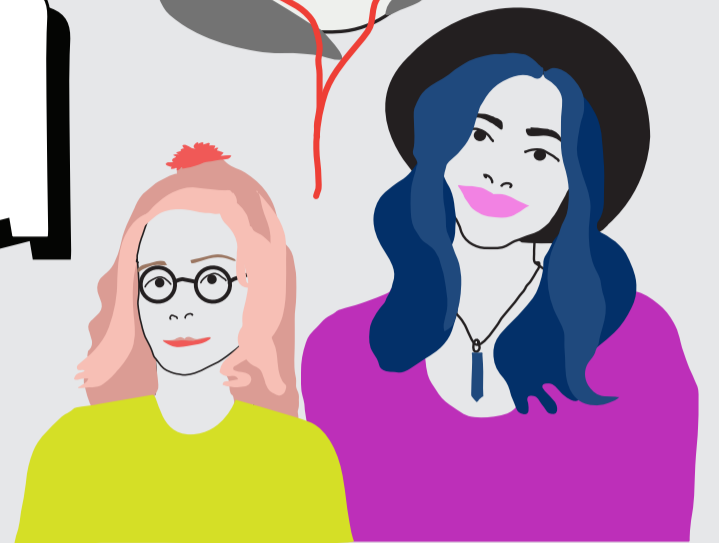
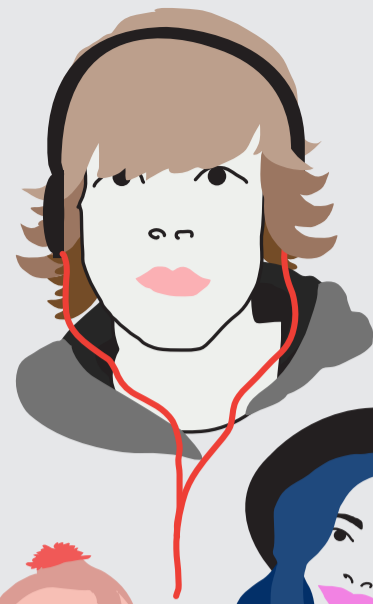


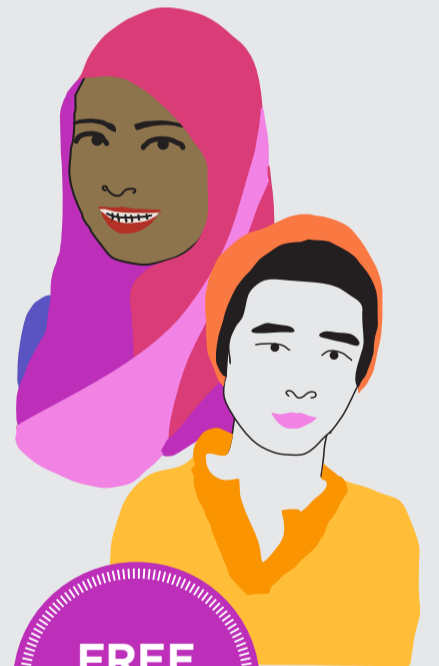
YOUNG



MINDS



MATTER



YOUTH MENTAL HEALTH FORUM - SCHOOL SESSION

A SESSION FOR YEAR 9 STUDENTS TO TALK ABOUT THEIR MENTAL HEALTH AND WELLBEING

Schools are invited to send
one class of Year 9 students.

FEATURING

- headspace
- Orygen Youth Health
- Dolly's Dream - the Alannah and Madeline Foundation
- mental health promotion through the arts

Topics include: resilience, cyber safety and using art techniques to improve wellbeing.

Thursday 9 May 2019, 1pm - 3.30pm

Brookside College, Federation Way, Caroline Springs

Young Minds Matter: Youth Mental Health Forum for families will follow.

5pm - 6pm Dinner and mental health service provider expo

6pm - 8.30pm Forum with guest speakers for adults and young people

For more information, visit melton.vic.gov.au

TO REGISTER AND FOR MORE INFORMATION PLEASE CONTACT MELTON CITY COUNCIL ON **9747 5443** OR SOCIALPLANNING@MELTON.VIC.GOV.AU BY 1 MAY 2019

PRESENTED BY
Melton City Council

