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## Handwriting skills at St Pius X



How is your son's handwriting? Does your son's handwriting affect his ability to get his ideas down on paper in a coherent and legible way? Would improvements to the speed and style of his handwriting help him perform to his potential on tests, exams, and assignments? Does he experience pain when writing?

Designed and run by an experienced occupational therapist, handwriting sessions will include a general assessment of writing to see what's working and what's not, and activities to:

- Promote imagination and foster a desire to write
- Develop upper limb muscle control, eye hand coordination and finger strength and dexterity.
- Identify the right tools so writing feels comfortable and is optimised
- Focus on good writing ergonomics
- Get organised with writing including strategies to improve writing
- Activities to promote general brain function including working memory.

The weekly sessions will be run on a small group basis so that professional guidance, peer feedback and modelling can be maximised, with students attending one nominated afternoon per week, for 8 weeks in term 2 2018.

The sessions will run over 8 consecutive weeks

Starting Week 2 Term 2 - Week of 7<sup>th</sup> May up to and incl. Week 9 Term 2 – Week of 25<sup>th</sup> June.

Time: 3.20pm – 4.30pm (afternoons on offer will depend on demand)

Location: St Pius X College, LC1, D Block Cost: \$280.00 per student for 8 sessions

• Due to the public holiday on Monday 11<sup>th</sup> June students who would normally attend on this day will be able to: join another class; carry over the session to term 3; or be offered a reduced fee.

You may be able to claim on your Private Health Insurance cover for this program if your policy includes OT under extras cover – item Number 300 Group therapy intervention.

FOR FURTHER INFORMATION OR TO REGISTER YOUR INTEREST FOR TERM 2 2018 email Anna Orchard at anna.louise.orchard@gmail.com

Please cc Joanne, Coordinator, Learning Support and Enrichment at: JRahebMol@stpiusx.nsw.edu.au