



RESILIENCE THROUGH TRANSITIONS PARENTS BUILDING SOLUTIONS

CHANGE CAN BE DIFFICULT AND SCARY!!

- Is you child starting Prep?
- Do you, or your child, or both, feel nervous about the transition?
- Would you like to explore strategies to build your child's resilience and age-appropriate independence as they transition?
- Would you like to support your child's transition by helping them to establish and maintain good routines?

If your answer to any of these questions is "YES!", come and join the discussion with other parents. You can learn from, and encourage, one another - because you are not alone on this parenting journey!

PARENT*ZONE*

DATE: Tuesday, 22nd November 2022

Prep Transition Day

TIME: 9.30 a.m.- 10.30 a.m.

WHERE: Barton Primary School

90 Everlasting Boulevard

Cranbourne West

COST: FREE!

<u>For more information, contact</u> Carey Cole - 0437 428 281 carey.cole@anglicarevic.org.au, OR

Register using the QR code, or this link: https://forms.office.com/r/00TvsbFaHL

Registrations welcome on the day



TOMORRO