



PRE-ORDER LUNCH MENU



HOT FOOD

Traditional Baked Spud \$7.00

Baked Spud topped with Cheese, Bacon, Coleslaw and Sour Cream.

Lamb Souvlaki \$8.00

Greek Style lamb with Tzatziki, Lettuce, Tomato & Cheese.

Singapore Noodles \$5.00

Lightly Curried Noodles with Capsicum, Onion and Carrot.

Beef Burger \$8.00

Beef Pattie served with Lettuce Tomato, Beetroot & Cheese.

Schnitzel Burger \$9.00

Freshly Crumbed Chicken Schnitzel with Lettuce, Tomato, Coleslaw & Cheese

Crumbed Chicken Wrap \$7.00

Freshly Crumbed Chicken with Lettuce, Cheese and Aioli.

Quiche of the Day and \$7.00

Salad

Quiche of the Day served with a garden salad.

Add Wedges \$2.00

SANDWICHES

Ham & Salad \$6.50

Chicken & Salad \$6.50

Salad \$6.50

Ham, Cheese & Tomato \$5.00

Curried Egg & Lettuce \$5.00

On A Roll (instead of sandwich bread) \$1.00

SALAD BAR AVAILABLE FOR REQUESTS DURING OPENING HOURS

SALADS



Caesar Salad \$7.00

Lemon Pepper Squid Salad \$12.00

SNACKS

Air Fried Wedges \$4.00

Add Gravy \$1.00

Hash Brown \$1.00

Air Fried Dim Sims \$1.20

Steamed Dim Sims \$1.20

Sausage Roll \$4.50

Meat Pie \$5.00

Egg & Bacon Muffin \$4.50

Egg & Bacon Muffin \$4.50

with Spinach & Cheese \$5.00

FOCCACIAS

\$7.50

Ham, Cheese, Tomato, Spinach, Onion & Relish

Chicken, Avocado & Cheese

Egg, Bacon, Spinach, Cheese, BBQ Sauce

Roast Beef, Relish, Spinach, Cheese

Roast Pumpkin, Spinach, Feta & Pesto

Please pre-order all lunches by Recess, on Compass or at the canteen window.



OVER THE COUNTER



HOT FOOD

Air Fried Dim Sims \$1.20 each

Steamed Dim Sims \$1.20 each

Air Fried Wedges \$4.00

Add Gravy \$1.00
Add Sour Cream \$1.00

Air Fried Hash Browns \$1.00 each

Party Pies \$1.00 each

Sausage Roll \$4.50

Add Sauce .50c

Meat Pie \$5.00

Add Sauce .50c

Egg & Bacon Muffin \$4.50

Egg & Bacon Muffin with Spinach &
Cheese \$5.00

Crumbed Chicken Wrap \$7.00

PIZZA MELTS



Garlic & Cheese \$2.00

Napoli \$2.00

Hawaiian Pizza \$3.00

BBQ Chicken \$3.00

DRINKS

Nippy's Milk \$3.00

Groove Mineral Waters \$4.00

Nippy's Juice Box \$2.50

Water \$2.50

Sparkling Water \$3.00

Sugar Free Drinks \$4.00

Liptons Iced Tea \$4.50

SNACKS

Homemade Cookies \$1.00

Red Rock Chips \$3.00

Popcorn \$2.00

Yoghurt Blueberry Granola Cup \$4.00