Grade 2 Swimming Information

Monday 3rd June to Friday 7th June (swimming will be each day)



Please have your child wear their bathers to school under their uniform if it does not make using the bathroom too difficult. If your child wears a one piece, they could put their bathers on but leave their arms out of the straps.

If possible, please send your child to school with a pair of thongs. Please note, students will need their regular shoes for out in the yard. <u>Do not send them to school in their thongs</u>, place them in their swim bag or school bag. We will change into thongs prior to leaving school.

It would be good to pack an extra snack and/or sandwiches as children are often hungry after swimming lessons.

Please help them practise putting on their goggles and swimming cap if they use them, of course we will be there to help if they require.

Ensure they can dry themselves properly and dress themselves. They will be changing out of their bathers at the pool after our lesson however there will be NO showering after swimming. It is a good idea to avoid leggings or stockings on swim days as they can be very difficult for students to put these on independently afterwards. We recommend tracksuit pants, shorts or dresses.

Ensure they are wearing dry bathers each day and bring a dry towel.

Have their bathers, towel, thongs and spare socks and underwear in a named plastic/swimming bag with all clothing items clearly labelled. The swimming bag or plastic bag will then become their bag for wet swimmers and towels afterwards. Please label all clothing items including school tops, shorts, dresses, etc

Send spare socks and underwear in schoolbags (they tend to disappear or get lost easily!)

Ensure that fit bits, watches and other jewellery items are left at home for the week.

This is a great opportunity for the children to practise organising themselves and to be independent. If you have any further questions, please contact your classroom teacher.

Thank you, Grade 2 teachers (and Mr. J!)

