

# AquaAware Program Level Assessment

Child's Name:

Grade:

Please use this form to assess your child's level of competency for the AquaAware Learn to Swim Program. Please note there are 8 levels of competency.

You may access the Kyneton Toyota Sports and Aquatic Centre with free entry to conduct your own assessment. Please take this form with you and present it to Reception to receive free entry and to complete the assessment.

Please tick the box against all criteria your child is competent in, starting at Level 1

**ALL** criteria must be marked off in order for your child to be deemed competent at that level.

Level 1. Learn to swim pool	
	<b>Float</b> on front & back holding a buoyant aid
	<b>Kick</b> on front & back using a buoyant aid
	<b>Move</b> 3 metres continuously using arms and legs
	<b>Submerge</b> body and blow bubbles

Level 2. Learn to swim pool	
	<b>Float</b> on front & back and recover to standing position
	<b>Slide</b> in & exit unassisted
	<b>Tread</b> water holding a buoyant aid
	<b>Swim</b> 5 metres freestyle

Level 3. 25m pool	
	<b>Float</b> on back for 30 seconds
	<b>Tread</b> water for 30 seconds
	<b>Swim</b> 10 metres freestyle
	<b>Swim</b> 5 metres backstroke
	<b>Move</b> 5 metres using survival backstroke kick

Level 4. 25m pool	
	<b>Swim</b> 15 metres freestyle
	<b>Swim</b> 15 metres backstroke
	<b>Swim</b> 10 metres survival backstroke
	<b>Move</b> 10 metres breaststroke kick

<b>Level 5. 25m pool</b>	
	<b>Swim</b> 25 metres freestyle
	<b>Swim</b> 25 metres backstroke
	<b>Swim</b> 15 metres survival backstroke
	<b>Swim</b> 15 metres basic breaststroke

<b>Level 6. 25m pool</b>	
	<b>Swim</b> 50 metres freestyle
	<b>Swim</b> 50 metres backstroke
	<b>Swim</b> 25 metres survival backstroke
	<b>Swim</b> 25 metres breaststroke
	<b>Move</b> 10 metres using dolphin kick

<b>Level 7. 25m pool</b>	
	<b>Swim</b> 75 metres freestyle
	<b>Swim</b> 75 metres backstroke
	<b>Swim</b> 50 metres survival backstroke
	<b>Swim</b> 50 metres breaststroke

<b>Level 8. 25m pool</b>	
	<b>Swim</b> 100 metres freestyle
	<b>Swim</b> 100 metres backstroke
	<b>Swim</b> 75 metres survival backstroke
	<b>Swim</b> 75 metres breaststroke
	<b>Swim</b> 15 metres sidestroke

The personal information provided on this form is being collected for the primary purposes to assist with assigning students enrolling in the AquaAware Program. This information will be shared with Macedon Ranges Shire Council to appropriately assign classes based on students' swimming abilities - or any other directly related purpose.

Your personal information will not be disclosed to any other external party without your consent, unless required or authorised by law. School staff are available to provide further information about school policies and handling of personal information or contact the DE Privacy Officer at [privacy@education.vic.gov.au](mailto:privacy@education.vic.gov.au).

Information provided to Macedon Ranges Shire Council will be stored in accordance with Council's Record Management Policy and destroyed in accordance with the Public Records Act 1973. You can access Council's Privacy Policy at [mrsc.vic.gov.au](http://mrsc.vic.gov.au)

If you wish to gain access to or alter any personal information you have supplied on this form please contact Macedon Ranges Shire Council via phone 5422 0333 or email [mrsc@mrsc.vic.gov.au](mailto:mrsc@mrsc.vic.gov.au).