## Mt ELIZA PRIMARY SCHOOL



## **ON-LINE LUNCH ORDERS**

You can order your child's lunch online



## **Stir Crazy Kids**

Down load the App at the App Store or Google play

We will have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades, choose their lunch. Add it to your cart. Add another order if needed. Checkout for all students together, and we will take care of the rest.

You can order in advance or on the day Ordering closes at 8.45 am Too easy!! Categories are the same as this menu. Need some help? support@stircrazykids.com.au

Call or text Donna 0405110407

## **CANTEEN LUNCH ORDERS**

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**;

Child's Name & Grade, Food order, Cash amount enclosed Food Allergies in Red Pen

Please provide one bag per order

- \*If a bag is not supplied 30c for a bag will need to be included.
- \* To help us to comply with Food Saftey Regulations all Paper Bags must be new

Eftpos available at the canteen



## **TERM 3 2025**

# CANTEEN MENU



#### **Nutritional Guide**

All The Food in this Canteen Menu has be ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

⊕ Green ⊕ = Amber

This Menu is in line with the DET School Canteen and other School food Policy "

www.stircrazykids.com.au Facebook/stircrazykidscanteen

## **TUMMY TEASERS**

Available for lunch orders and every Canteen day at Recess and Lunchtime

	·	
00	Orange 1/4	. 60c
00	Slinky Apple	\$1.60c
00	Slice of Fruit in Season	\$1.60c
	Mini Muffin	\$1.60c
	Anzac Biscuit	\$1.60c
	Gluten Free cookie	\$1.90c
00	Garlic Bread	.60c
	Jumpys (Chicken	\$1.50
	Vegie Chips (Gluten Free)	\$2.40
	Grain Waves	\$2.40
©	Large Pop Corn	\$2.40
	Small pop corn	\$1.00
	Ginger Bread People	\$3.00
©©	Yoplait Yoghurt Tubs— 100ml Tropical, Mixed berries, Blueberry, Strawberry, Passionfruit & Vanilla Available fresh or Frozen	\$2.20
©©	Quelch—Frozen Fruit Icy Pole	\$1.10

#### **DRINKS**



O Juice Box Apple / Orange	
Apple & Blackcurrant	\$2.80
Big M Milk 300ml	
Choc / Straw	\$3.80
©© Plain Milk	\$3.60
©© Lactose Free Choc Milk	\$3.80
Hot Chocolate \$3.80	
©© Bottled water	\$2.40
Prices include the new State Gov Co	ontainer Ta

# SPECIAL MEAL DAYS

#### **MUNCHY MONDAY**

Meat Ball sub \$7.00

Beef meat balls with passata sauce and cheese in a garlic buttered long roll.

#### **TASTY TUESDAY**

$\odot$	Steamed Dim Sims	\$1.80
	Soy sauce	.10

#### **WICKED WEDNESDAY**

Chicken Schnitzel Burgers	\$7.00
Crumbed Chicken with lettuce & may	/0
Add Cheese	\$1.00
Vegie Delight burger \$7.00	
with lettuce and vegan mayo Add Vegan che	ese \$1.50

#### **TEMPTING THURSDAY**

$\odot$	Mrs Macs Sausage Roll	\$4.50
$\odot$	Mrs Macs Meat Pie	\$6.30
$\odot$	Gluten Free Pie	\$7.30
	Vegan Pie	\$7.30
	Tomato sauce	30c
	Lactose free cheese	\$1.00c

#### **FANCY FRIDAY**

\$6.00
\$1.00
\$1.50
\$1.50
.30ea

### **SPECIAL MEAL DEAL**

Include an Big M Milk or for \$3.60 Add a Slinky Apple, Anzac or a Mini Muffin for 1.40 each

### **RIGHT-ON-WRAPS**

**Mon to Thurs** 

Tortilla Style Wrap with your choice of:

	Cheese & Salad	\$6.80	
	Ham & Salad	\$7.80	
	Chicken & Salad	\$7.80	
	Tuna & Salad	\$7.80	
Add cheese for \$1,00c Lactore free cheese \$1.50			

Add cheese for .\$1.00c. Lactose free cheese \$1.50 or avocado for \$1.50

# **SUPER SALAD BOWL**

**Mon To Thurs** 

Super Salad Bowl \$6.20



Lettuce, Tomato, Carrot, Cucumber & Cheese Add Chicken, Ham, Tuna, Egg, or Avocado \$1.50

Lactose free cheese \$1.50c

## **HOT ITEMS ANY DAY**

$\odot \odot$	Crispy Chicken Tender	\$2.50	
$\odot$	Penne Pasta with Cheese	\$6.00	
	Available Gluten Free)	\$7.00	
$\odot$	Mini Corn Cob	\$1.70	
$\odot$	Hard Boiled Egg	\$1.70	
$\odot$	Chicken Zoomer with cheese	\$7.00	
$\odot$	Tuna , Chicken or Ham Melt	\$6.00	
	Toasted with Corn & cheese		
$\odot$	Pita Pizzas Margarita	\$4.80	
	Garlic & Cheese	\$4.80	
	Cheese & Vegemite	\$4.80	
	Ham & Cheese	\$5.80	
	BBQ Chicken	\$5.80	
	Hawaiian	\$5.80	
Substitute with lactose free or Vegan Cheese for \$1.00			

## **SUPER SANDWICHES**

& ROCK 'N' ROLLS Mon To Thurs

Your Choice White Hi Fibre/Wholemeal Rolls are available for an extra \$1.00 Gluten Free Bread \$1.00 Lactose Free Cheese \$1.50

Vegemite	\$3.20
Honey	\$3.20
Cheese	\$3.80
Cheese & Vegemite	\$4.20
Cheese & Lettuce	\$4.80
Cheese & Tomato	\$4.80
Egg	\$4.20
Egg & Lettuce	\$5.20
Fresh Chicken	\$4.80
Fresh Chicken & Salad	\$6.80
Ham	\$4.80
Ham & Salad	\$6.80
Ham & Cheese	\$5.80

Extra fillings, Tomato, Cheese, Carrot, Lettuce All extra fillings \$1.00 each Avocado \$1.50 Substitute with lactose free or Vegan Cheese for \$1.00

## **Truly Tasty Toasties**

	Vegemite	\$3.20
	Cheese	\$3.80
	Ham	\$4.80
	Ham & Cheese	\$5.80
	Chicken & Cheese	\$5.80
	Cheese & Vegemite	\$4.20
	Cheese & Tomato	\$4.80
	Ham, Cheese & tomato	\$6.80
Substitut	e with lactose free or Vegan Cheese fo	r \$1.00

Order online Details PTO