



ST PIUS X COLLEGE  
CHATSWOOD

# Year 7 Parents and Students **STUDY SKILLS EVENING**

**THURSDAY 13 JUNE 2024**

6.30pm start in the College Gym

Year 8 families who missed out last year or  
would like a refresher are also welcome to attend

**BRING  
A  
PEN**



The presenter for the evening, **Dr Prue Salter**, is the founder of ELES ([www.enhanced-learning.net](http://www.enhanced-learning.net)) and an expert in the area of study skills. The evenings she runs for Year 7 families are in high demand and this is an opportunity not to be missed.

Dr Salter has conducted over 7000 study skills seminars across Australia and Asia, has written 40 study skills resource kits for schools and is the creator of the online and interactive study skills website ([www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)) used by more than 200,000 students.

Dr Salter's PhD explored whole-school integrated approaches to developing students' self-regulated learning skills.

## *Discover the secrets to success in high school*

The main areas that will be covered are:

- ✓ Managing homework and assignments effectively by efficient time management.
- ✓ Learning to be more organised for school and at home using structures and routines.
- ✓ Working and studying effectively in high school and becoming a more powerful learner.



**Enhanced Learning  
Educational Services**  
*"the study skills specialist"*

Parent/Guardian(s) and students should attend together as the session is very interactive, therefore the session will not be of full value unless both the students and a parent attend. This is an interactive evening for families that outlines tools and techniques for students to achieve their personal academic best. Please arrive 5-10 minutes prior to collect the family handout. Please also bring at least one pen and you may also like to bring a highlighter and the school diary (if there is one). Parents and students will need to sit together.

# THIS IS AN OPPORTUNITY YOU WILL NOT WANT TO MISS:

"This session presented really good ideas to help parents understand the demands students experience in high school."

"The session enabled my son and I to have a dialogue about how he is working and create an action plan together. An extremely satisfying session for parents as much as for students."

"The whole presentation was very valuable and provided very useful and practical ideas that we can implement at home."

"Prue's presentation was excellent; the use of diary and time management strategies; the pace and communication were really good. We would like to express our appreciation to the school for providing this opportunity to attend with our child."

"The study skills evening with Dr Salter has given my son a new resolve to do his best in everything as opposed to just doing well with subjects he likes. We have set up his workstation in a quiet atmosphere, with all electronics and loud music willingly turned off by him during his timetabled study periods."

"Loved the practical tips handouts. This has set my daughter up for developing great study skills. Many thanks – I wish I had this opportunity when I was at school."

"This was a great chance to discuss with my son in a shared context. We had really good conversations about his learning."

"This was all common sense stuff that I have been trying to explain to my daughter. It also gave me an insight into how I can help my daughter to organise herself better and not leave things to the last minute making the whole family go on a roller coaster."

"Thank you once again for last night's presentation. I was very impressed with the session, and equally so by the way in which students and parents responded. Have already received many complimentary emails at school this morning."

"I found it enlightening talking to my child about the issues of his studying and how he can concentrate better in class."

