The Amazing Race<br>By Mia, MBW



Jess Fox sat in her white, green and yellow canoe, at the sunny beach and waited for her mum's signal. She was wearing her brown curly hair up in a tight plait and was wearing a white helmet. "Alright, are you ready honey?" her mum, Myriam, asked. Jess looked around at her surroundings and nodded.
"Yes"
"Alright. GO!" yelled her mum. Jess took off as fast as a rocket. She was training for the upcoming Olympics and was determined to win a gold medal for her country, Australia. Paddling as fast as she could, Jess swerved around a pointy rock. She kept going, paddling around more rocks and large schools of fish. Crowds of people had now stopped swimming in the water and were just staring at her but Jess kept going. When she reached the 500-metre mark, she stopped and took a deep breath. Slowly, she paddled back towards her mum.
"Great job Jess! Well done. That was a minute thirty. Now go again and try to aim for 1 minute or less, ok?"
"Thanks mum. I'll try," replied Jess.

When Jess made it to the 500-metre mark again, she noticed a turtle tangled in a fishing net. Her heart skipped a beat. She paddled back as quickly as she could. "Mum! There's a turtle tangled in a fishing net at the 500-metre mark. What do we do?" she asked.
Myriam looked around and realised the only thing she could do was jump into the water and swim next to Jess.
"Show me where the turtle is and we'll decide what to do next" she said in a desperate tone. While Jess paddled in her canoe, Myriam swam as fast as she could until they reached the turtle. "Ok. I didn't expect him to be this tangled. Let's call the closest Sea Life Rescue Centre" "Mum, there's no time. We'll have to untangle him ourselves" Jess answered, and that's exactly what they did.

The next 5 minutes were intense. Myriam held the turtle steady while Jess carefully untangled him. Once they were done, the girls placed the turtle back in the water. "Alright Jess. Let's get going. We only have 15 minutes until your race" "Ok"

While Jess paddled as quick as she possibly could, Myriam held her breath while she watched on from the sidelines. Jess was the last one to race so she knew what time she had to beat. 5 seconds after
reaching the end, she felt as if her heart was about to burst out of her chest. She had done it! She had won gold for Australia! The crowd went wild. Not only was Jess an Olympic champion, she was also a hero. She had shown kindness and bravery to save the life of a beautiful creature.

