



Different Journeys provide peer support and social events for young Autistic adults. Events are held on the second Tuesday of each month, in a private function room. It is a safe and supportive environment with free wifi and likeminded people. Carers, families and support workers are welcome with their Autistic young adult.

Costs on the night are at your own expense.

Come along for a night of fun, games trivia and social connections.

The night will be run by group leaders, although we do not provide one to one support.

6pm - 8pm Time:

Where: Club Kilsyth

> 1-15 Canterbury Road **Bayswater North 3153**

(Courtesy bus available but restrictions apply)

When: **Every second Tuesday of the month** 

Contact: differentjourneys@gmail.com

0490 774 068 Phone:

RSVP: We advertise monthly for RSVPs

via a online booking system with

a \$6.50 attendance fee





differentjourneysASD



differentjourneysasd



Different Journeys

We support celebrations

We provide connections

We create communities

















## EEN ASD SOCIAL GROUP FOR AGES 13 - 18

This group is for teens with high functioning Autism (ASD) and it is a great opportunity to eat out and meet new friends who have similar interests. The aim is to support teens with ASD in social settings.

Parents/Carers must be in attendance and supervise their teens at all times.

Dinner and drinks at your own cost.

The teen group is run by 4 group leaders, 3 of whom are parents with children with ASD and one who is an occupational therapist.

\*We open RSVPs the week before the event via an online survey through an email send out and also announced on our Facebook page. It is best to get in quick as places fill up fast!

Time: 5-8pm

Club Kilsyth Where:

> **Cnr Canterbury Road and** Colchester Road, Kilsyth

(Courtesy bus available but restrictions apply)

Third Sunday of the month When: Contact: differentjourneys@gmail.com

0490 774 068 Phone:

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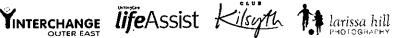
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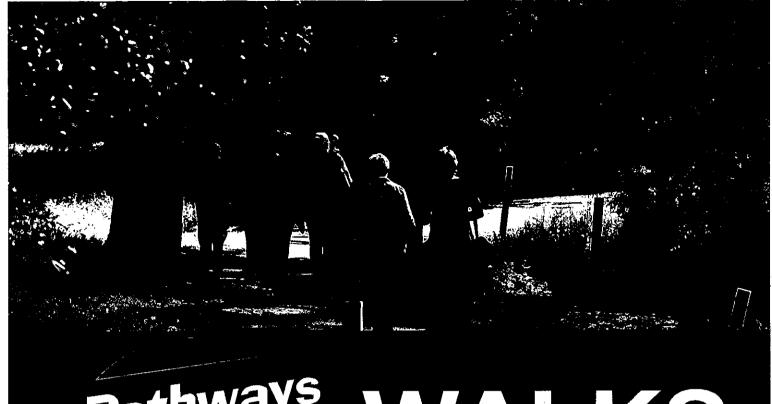












Pathways
for Carers
project

WALKS

The Pathways for Carers project offers carers of people with a disability or mental illness an opportunity to share walks together and to learn more about news, services and supports available to carers.

We will be joined on the walk by representatives from local organisations.

Stay after the walk for a free coffee at Thor-Ra-Nee!

### Week Day Walk

Time and Day:

9:30am the second Tuesday of every month

Start Location: Thor-Ra-Nee Café, Burnt Bridge Shopping Centre, 434 Maroondah Hwy, Ringwood East

8 May



11 September

#### Dates for 2018:

9 January

13 February 12 June 9 October 13 March 10 July 13 November 10 April 14 August 11 December

## Weekend Walk

Time and Day:

1:00pm the third Saturday of every month

Start Location: Thor-Ra-Nee Café, Burnt Bridge Shopping Centre, 434 Maroondah Hwy, Ringwood East



#### Dates for 2018:

20 January 19 May 15 September 17 February 16 June 20 October 17 March 21 July 17 November 21 April 18 August 15 December

For further information contact: Jack Mulholland, Maroondah City Council's Metro Access Officer, 9294 5750 or email Jack.Mulholland@maroondah.vic.gov.au

For information and updates please see our facebook page at www.facebook.com/pathwaysforcarers











# Mened Journal

Struggling at school, six-times higher unemployment rate and spiralling mental health issues are the reality for individuals living with autism. Brilliant Spectrum Boot Camp, a skill-building program based on a social event concept, wants to create a different future.

Based in Bayswater, the Boot Camp will train 24 teenagers and adults with autism to host 24 social events over 12 months. It will also provide a forum for the autism community to practise social skills such as greeting people and ordering a meal.

Guided by an occupational therapist, the Boot Camp will provide 12 teenagers and 12 adults with autism real-life training opportunities based on employable skill sets. These trainees will serve as positive role models for others in the autism community who often struggle to be accepted socially or afforded leadership opportunities.

The Boot Camp will also provide the autism community with a monthly forum where individuals can improve their social skills in a safe environment while being connected to support services if required.



Brilliant Spectrum Bootcamp is in the running to be funded by a Pick My Project grant! This is a victorian-first initiative funding projects all over the state! Voting is now open! Once you register, you get three votes and we'd love for one of them to go to

**Brilliant Spectrum Bootcamp!** 

Vote at bit.ly/BrilliantSpectrum