



Canteen Hot Food Specials: **Term 4, 2024**

Food Allergies or Intolerances

Products containing nuts and nut traces are not sold. However, please be aware that food is prepared in a kitchen that produces dishes with milk, wheat, soybean, fish, eggs, egg products and sesame seeds. If you/your child has a food allergy or intolerance, please email the Canteen before placing your order via: canteen@tphs.nsw.edu.au

MONDAYS: **Teriyaki (Chicken OR Crispy Vegetables) with Rice**
Teriyaki Chicken OR Teriyaki Crispy Vegetables served with Basmati Rice.

NOTE: This Special contains Sesame oil.

Small \$7.00 OR Large \$9.00

TUESDAYS: **Tandoori (Chicken OR Tofu) Bowl with Rice**
Marinated Griddled Tandoori Chicken OR Tandoori Tofu Bowl served with Sweet Chutney, House made Minty Yoghurt, Crunchy Leaves, Tomato and Cucumber Salsa, Avocado, Fresh Herbs and Saffron Rice.

One Size \$9.00

WEDNESDAYS: **House Made Fish and Chips**
Crispy battered Fish served with House made Tartare Sauce, slice of Lemon and Chips.

Small \$7.00 OR Large \$9.00

THURSDAYS: **Creamy Carbonara Pasta**
Creamy Carbonara Pasta made with Pan Seared Bacon and Parmesan Cheese.

Small \$7.00 OR Large \$9.00

FRIDAYS: **House Made Burgers or Egg & Bacon Rolls**
Choice of Smash Beef or Cheese Burger on a Brioche Bun.

Peri Peri Chicken Burger with Spicy Mayo.

without Salad: \$9.00

with Salad: \$9.50

Egg and Bacon Rolls

One Size: \$6.00