

## **2024-25 ATHLETE APPLICATIONS OPEN**

With the support and endorsement of the state sports association, the Northern Inland Academy of Sport currently coordinates and facilitates sports in the following sports: Basketball, Mountain Biking, Golf, Netball, Tennis, Triathlon, and offers an individual Future Stars Program to identify and support talented athlete and coaches across the North West/New England.

## Applications are now OPEN for our 2024/25 Talented Athlete Programs!

## Our Programs Offer:

- Regular regional training sessions (technical and tactical development) for most programs
- Intensive coaching from accredited regional, guest and state level coaches
- Access to weekly strength and conditioning sessions at RuralFit Training Hubs across the region - Tamworth, Gunnedah, Narrabri, Armidale and Glen Innes
- Performance Support including Sport Pyschology, Nutrition, Media Training, Fitness Testing and more
- Opportunities to participate in higher level competitions and tournaments including the Your Local Club Academy Games.

Head over to the Sports Programs Page on our website for more information about each of our programs and the links to apply for our program trials in October! https://www.nias.org.au/SPORTS/ or contact our office at admin@nias.org.au (02) 6766 2526 for more information.

Applications close on Monday 14th October





Office of Sport